

The FANNY BAY Flyer

A Complete Link To Your Community Services

FREE monthly distribution to 676 Fanny Bay homes from Mystery Beach to Mud Bay by the
Fanny Bay Community Association A Registered Charitable Organization NOVEMBER 2022



Fanny Bay Christmas Market

Saturday, Nov. 19, 10 am - 4 pm

Sunday, Nov. 20, 10 am - 3 pm

Fanny Bay Community Hall, 7793 Island Highway South

Free Admission

A Variety of Artisans, Crafters, and Vendors

Quilting Display & Sale

Concession by the Fanny Bay Seniors (OAP)

OAP Raffle and Bake Sale (Bake sale Saturday only)

Please note: Whatever Public Health Orders are in effect on Market Day will be followed.

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CHAPTER 20, SHINGLES & SHELLS

A History of Fanny Bay

"Gas stations that fronted grocery stores

and confectioneries dotted the roadway through Fanny Bay over the years. The Super Store of its time locally was the Stop 'N Shop".

The summer flew by and we are well on our way into the Fall. The Board has been busy as usual keeping things going under the big blue roof. We held very successful summer markets and a kids fall fair and Pickle Ball continued throughout the summer.

Aerobics, Pickle Ball, Movie Night and Concerts are now in full swing. There are also several fitness groups hosted by private individuals in Fanny Bay. Check the Hall Calendar for a list of what's available.

Don't forget to check out some events we have planned. November 4th is the Raine Hamilton String Trio Concert get your tickets early to avoid disappointment. Next up November 8th is a presentation on *Franklin & the Northwest Passage*. If you attended Dianne and Roland's earlier presentation 'Ghost Ships and Shipwrecks', you'll know how interesting they make their chosen topics. Admission is by donation, with all proceeds going to the Floor Replacement project. Finally, Movie Night is November 12th with L.A. Confidential hitting the movie screen.

Halloween is coming up soon and this year the FBCA Board decided to *not* include fireworks in the festivities. The Board has an ongoing responsibility of making decisions on behalf of its Members on numerous topics and issues where the FBCA is involved. In certain situations, we are also mindful of the community surrounding the Hall & Grounds.

In the case of the Hall being the host facility for fireworks, the Board found itself weighing the benefits of fireworks against a mounting concern in recent years that fireworks have detrimental effects on animals, people and the environment. There is consider

(BOARD BUZZ - cont'd on page 4)

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RAINE HAMILTON STRING TRIO

7 pm FRIDAY
4 NOVEMBER 2022



TICKETS AVAILABLE:

In person: \$30 Cash

Weinberg's Good Food, Buckley Bay

Laughing Oyster Books, Courtenay

Salish Sea Market, Bowser

Online: \$32.50

fannybayhall.ticket.ca

*Resonant, acoustic chamber folk
with an otherworldly edge,
& a lyric presence that cuts deep.*

*Prism-clear vocals and strings:
Anchored in the ancient mountains,
reaching up beyond the earthly.*



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LIVE MUSIC AT THE FANNY BAY HALL

For our second concert this season we welcome the Raine Hamilton String Trio on Friday, November 4th at 7 pm.

Raine is part prairie songstress, part story weaver. Each song has a story, delivered between songs with humour and grace. Raine invites deep love of the violin into the singer-songwriter genre, writing for violin and voice, as well as guitar and voice. Joined by cello and upright bass, expect string arrangements that push and pull, that move as they console.

A classical violinist and musicologist by training, Raine and her string trio offer string-quartet-like arrangements of Raine's original songs. They call this chamber-folk, a hybrid of classical string quartet chamber music with singer songwriter folk.

Raine is the recipient of the 2018 Canadian Folk Music Award for Emerging Artist of the Year! Raine has toured Canada extensively. Highlights include performing songs with the Winnipeg Symphony Orchestra (5 times), performing with the Manitoba Chamber Orchestra, playing a show in a cave (10 stories below ground), playing festivals across Canada (Vancouver Folk Festival, Vancouver Island Music Fest, Atlin Festival, Home County, Filberg Fest, Harvest Moon and Trout Forest) to name a few.

You will enjoy this resonant, acoustic chamber folk with another worldly edge, and a lyrical presence that cuts deep.

Doors open at 6:30pm. We hope to see you there. Tickets are \$30 and available at the usual locations, noted on poster.

by Bill and Elaine French
 Concert Coordinators

CONCERT SERIES SCHEDULE 2023

Saturday January 28, 2023 2:00 pm Matinee Victoria Baroque: Baroque and Classical work in varied combinations of instruments.

Saturday February 25, 2023 7:00 pm Janelle Nadeau, harpist, playing the 3 C's: classical, contemporary, Celtic.

Friday March 24, 2023 7:00 pm John Reischman and the Jaybirds, a blend of bluegrass, old time and acoustic roots music, award winning mandolin player.

Sunday May 7, 2023 7:00 pm Huu Bac Quintet, jazz with an Asian influence.

(BOARD BUZZ - cont'd from pg 2)

-able information published on this topic, so in the end, the Board sided with the animals, people and the environment and it chose not to host fireworks this year. We know this is disappointing for some and a suggestion of a laser light show might be the way for the future. We can look into this for next year.

Halloween will still be celebrated and supported by the FBCA. The FBCA is hosting quite a Halloween extravaganza for the children and youth in the community. This will include the traditional bonfire, hot chocolate and other exciting events.

On the topic of youth events, we have a couple of Board members who are interested in hearing from parents and others on what they'd like to see for the youth in the area. Please call the hall (250-335-2832) and leave a message for either Marcia or Angela if you have some ideas.

That wraps up this month's Board Buzz. Have a wonderful month and hope to see you at one of the upcoming events at the Hall.

by Tammy Mercer-Gervais
 FBCA President **president@fannybaycommunity.com**

The Fanny Bay Community Association presents

A Talk & Slide Show Presentation

By Dianne Volrich & Roland Semjanovs

at the

Fanny Bay Community Hall, 7793 Island Hwy. South

Tuesday, 8 November 7 p.m.

Franklin & the Northwest Passage



In 1845, Sir John Franklin left England with two ships to find the Northwest Passage. This presentation captures the mystery of the exploration, its shocking disaster, and the many searches that led to the final discovery of the ships 170 years later.

Admittance by Donation to the Fanny Bay Community Hall Floor Replacement Fund

NORMAL IS JUST A SETTING ON THE WASING MACHINE

What we think of as normal was at one time unusual. In a recent edition of the Waterbucket, Dr. Daniel Pauly, Global Fisheries Scientist at UBC is quoted: "We transform the world, but we don't remember it. We adjust our baseline to the new level, and we don't recall what was there."

But some of us do remember what was there. Ken Keenan has lived in Fanny Bay his whole life, all 94 years of it. He worked the land as a logger, starting at age 14, and after forty years, as a farmer. His grandfather traded the mineral rights of his Denman Island land to Lord Dunsmuir. In exchange, the Keenans got a parcel of land that includes the Tsable River delta and much of the land on either side of the river, past the E&N Railroad trestle. It includes the river bottom itself, a rare form of riparian ownership.

There is a well-worn trail along the Tsable starting at the old highway (19A). When we decided to start sampling the Tsable, it might have been tempting to just waltz in and get our readings, but BWS is careful to always get permission from property owners first. Mr. Keenan sees the value in our work; he cares about this river. He graciously allowed us access. And as a bonus, he offered to guide us to the best site and tell us about the river along the way.

He showed us where the best swimming hole had been, where he would occasionally ice skate during the coldest winters, where the many different species of fish were caught. He recalled encounters with bears and hunting for deer. He described watching the railway trestle being rebuilt, stick by stick, with the coal powered steam crane perched at the edge of the artificial precipice. He described standing below and taunting his friend who had gotten a job stoking the boiler. His friend responded, in typical teenage fashion, by pegging chunks of coal at his tormentor. Mr. Keenan calmly gathered up the missiles and carried them home. Coal was a valuable commodity for every home in those days.

Of the many stories he told us, one stands out. A man named Fred Gilbert owned a small fishing boat. He wanted to clean the barnacles off the hull. With the permission of Ken's father, he sunk some poles into the mud along the edge of the river and tied his trawler to them when he wasn't fishing. The fresh water killed the barnacles on his hull which saved Gilbert the labour of scraping them off. This worked well for a few years.



But one night, after Gilbert had crawled into his bunk in the tiny cabin below decks, a heavy rain pelted the Fanny Bay area. Later that night, he was thrown from his bunk and tossed about, as the river swept his trawler into the bay. The boat eventually snagged on a small sandbar, awash and on its side. The Tsable did not usually respond so dramatically to a rainstorm. This was not normal.

Gilbert spent days righting his vessel, bailing it out, and getting the engine running after its sudden bath. Eventually things returned to normal, and he was able to tie up to his freshwater moorings every night. But then there was another deluge and the Tsable flooded and roared all over again. Gilbert was once more washed away. This happened three times over the course of three years. After the third time, Gilbert gave up. He had to accept that normal had changed.

What had turned the gentle Tsable into this raging monster? Mr. Keenan ascribes it to increased logging in the watershed. Victoria Lumber and Manufacturing, an American company, had been cruising the island looking for prime timber near the E&N railway. The Tsable watershed fit the bill. Victoria Lumber had no connection to the land. Their mandate was to haul out as many logs as possible and make money for their foreign owners. The broad lower bowl of the Tsable watershed was soon opened and the soil exposed to heavy rains. The hydrology was changed forever. A peaceful river now had the potential to be a monster, rising faster and further than ever before.

This is the Tsable we now know: a river quick to respond to rainfall, as are all our local creeks. This is what we now count as normal. There is no turning back the dial to a previous setting.

by Mike Mesford

Your Comox Valley Regional District Director

Daniel Arbour

Electoral Area A

Baynes Sound - Denman/Hornby Islands

Tel: 250-650-8480
reachme@danielarbour.ca

 **Comox Valley**
REGIONAL DISTRICT
comoxvalleyrd.ca   



Join us at the Fanny Bay hall

For a Spooktastic Youth Nerf Night

October 28th 6-8pm
Nerf blasters provided
Must wear eye protection

For more information please email
Andersson.Chrystal@gmail.com



IS IT CAMPFIRE SEASON YET ?

Though the summer of 2022 was slow to arrive, Vancouver Island is now at Level 5 drought conditions in October. While the dates April 15 – October 15 is generally considered fire season in our area, this year's un-

usually dry conditions have found Ships Point, as of the printing of this Flyer, at an Extreme Fire Danger level, and made it necessary to extend restrictions on burning. Campfires and yard waste burning on Ships Point will continue to be banned until further notice. (Please note that beach fires are not allowed at any time of year on Ships Point). Part of the rationale behind delaying backyard fires is that, following extreme drought conditions, the ground is so dry that rain does not permeate the soil very well. An abundance of rain is needed to moisten the soil before it can absorb water to a depth that reduces fire risk.

Why are campfires allowed in nearby areas?

Similar to our water conservation stages, Ships Point uses its own criteria to determine fire danger ratings and regulations. These are based on local conditions specific to Ships Point and sometimes differ from the province and other jurisdictions. As per the SPID Fire Protection and Regulation By-Law 83 and SPID Fire Department policy: Campfires may not be ignited, permitted, or maintained where the Fire Danger Rating is Extreme or where there is a Total Burning Ban. Permits for backyard burning will not be issued until the Fire Danger Rating has been less than HIGH for one week or more (depending on conditions). Further information on burning can be found under the Fire Department tab, and by-laws under the General Info tab at [SPID.ca](https://www.spid.ca). Please monitor the welcome sign at the entrance to Ships Point, and the SPID website for up to date burning ban and fire danger level information.

Will my campfire require a permit?



CSA or ULC approved gas burning campfire devices are allowed all year round without a permit. When the burn ban is lifted, CSA or ULC approved wood burning devices and fire-

places will also be allowed, although most don't come with this certification. For most of us, that means that a permit from the SPID Fire Department is required for our wood burning campfires. The campfire and surrounding area must be inspected and authorized by the Fire Chief, and a burning permit obtained prior to use. Depending on type of construction and safety features, a burning permit for the fire pit or device may be issued for the entire fire season. Here are some guidelines for campfires taken from the Ships Point Fire Protection Area By-Law Cheat Sheet found on the website: [SPID.ca](https://www.spid.ca)



SHIPS POINT IMPROVEMENT DISTRICT

SPID REPORT

Fires are permitted in commercially available fire devices/pits where the non-combustible spark arrestor has openings not greater than 1/4 inch by 3/8 inch in size. In the case of 'bowl type' commercially avail-

able fire pits, the hemispheric spark arrestor shall be always placed over the fire, except when burnable material is being added to the fire. The person igniting, permitting, or maintaining a fire pit fire shall take the following precautions: No burning to be done during windy periods. No burning to be done within three meters (10 ft) of any flammable material. Fire must be attended and always safeguarded by at least one adult. Charged hose and shovel are to be on site and available for immediate use. Ensure fire is fully extinguished before leaving the area.


FALL CHIPPING EVENT CANCELLED:

Unfortunately, we are unable to offer a yard waste chipping program this fall. Stay tuned for Spring 2023 Chipping dates and details.

BIG DADDY
Playing at

THE BOWSER LEGION

HALLOWS' EVE PARTY

SATURDAY OCTOBER 29  **MUSIC STARTS @ 8:00 PM**

PRIZES, SNACKS & GHOULISH FUN!
TICKETS AVAILABLE THE LOUNGE OR CALL TO RESERVE

TICKETS \$18.00

COSTUMES ENCOURAGED BUT NOT MANDATORY

Saturday, 29 October
7:30 pm



Free Movies
at Fanny Bay Hall
Popcorn \$2

Everyone Welcome!
Think our chairs are too hard?
Feel free to bring
your own comfy deck chair!

Presented by Fanny Bay Community Association

Black Cat

Movie Night



A FILM BY HAYAO MIYAZAKI
SPIRITED AWAY



Saturday, 26 November
7:30 pm

SHOO THE FLU

The FBCA is pleased to offer Flu shots at the Fanny Bay Hall (7793 Is Hwy S.) again this year, **Saturday, November 12th**. Bring your BC Care Card for your free vaccine. The pharmacist will bring Pneumonia (good for 5 yrs) and Tetnus boosters (good for 10 yrs) for those who couldn't get it last year.

If you had a flu shot last year you will be contacted for a time slot. If you are **new** to our community and have decided to get a vaccine, call for more information at (250) 335-2832. (call after Nov 5th)

WE WILL HOLD A DRAW

again at this year's flu clinic. Tickets \$2 each or three chances to win for \$5.

Tea, coffee and chocolates will be served, by donation. All proceeds go to supporting the Hall.



One of the items
for the draw -
7 1/2'
PRE-LIT
BIRCH TREE
value \$150

You will be asked to come to the Hall parking lot on **Thursday, November 10th** to pick-up paper work which you will bring with you to your appointment. This saves a lot of time on clinic day.

Shots will be given in the Main Hall to assist in social distancing. Mask wearing is at your discretion. Please arrive through the double gym doors and exit through the main front door.

The Canadian National Institute Advisory Committee on Immunizations recommends

everyone get a yearly influenza vaccine with rare exception.

The worry for health care practitioners is that with the onset of the flu season, we're going to get peaks of flu and Covid-19 or variant cases at the same time. Even with a mild flu season, the convergence of a Covid-19 surge could very rapidly overwhelm our hospital system.



by Cher Kuss

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YOUR LIGHTHOUSE NEIGHBOURHOOD PHARMACY



Fanny Bay Community Association
presents

Family Fun for
Ghosts & Goblins

Monday, October 31
Fanny Bay Community Hall, 7793 Island Hwy S.

6-8 pm: Indoor Activities

6-9 pm: Small Bonfire (as long as the fire ban has been lifted)

House-to-house Trick or Treating will take place in
Fanny Bay on Sunday, October 30th, 11am—4pm.

See Fanny Bay Community Facebook page for details.

The FBCA will NOT be collecting candy for distribution
at the Family Fun event on the 31st.

2022 FBCA WITCHES BREW

We're stirring the pot with old & new ingredients this year!

- ★ Hot dogs & beverages
- ★ Treat bags full of craft items
& not-too-sweet surprises
- ★ Costume parade with prizes
- ★ Jack-o-lantern contest with prizes
- ★ Take-home crafts
- ★ Take-your-own photo station
- ★ Smaller, less toxic fire
- ★ NO fireworks



\$\$ donations for non-candy prizes & surprises gratefully accepted.

SHIPS POINT LAUNCH TURKEY DINNER

Stanley breathed in deeply. Ahhhh... it was back! The smell of fall leaves, back yard burning and Thanksgiving dinner! He rummaged around his locker and found his Fall-themed bib. On Wente Way he purloined a kid size bike. It takes detailed timing to make a T-heist work well. Stanley targeted houses that were close to each other and where people would be sitting down to dinner and eating at the same time. He's had previous experience with this, trust me.

All along the block people were cooking, and the aroma was killing him! He could pick out top notes of apple and sausage stuffing, followed by the subtle aroma of mushroom gravy.



Stanley began to scout out kitchens, lurk at the back door or peek in a window to watch the table being set and the lady of the house getting an early start on the wine. Stanley had tried a glass of wine one year, promptly lost

his Brussels sprouts and he wasn't having any of that again!

Finally, cars started arriving at his pre-marked houses and people emerged with bowls of even more food. It was all Stanley could do to fake the starving dog routine, but he laid low, waiting for the crucial time for his 'grab and go' turkey dinner. As families settled down at dinner tables Stanley made his first move. He slipped in the back door and up to the kitchen counter. With lightening speed, he jumped up and clamped his teeth down on a big drumstick and jumped back on the bike. He pedaled as fast as he could to the next house to get the scalloped potatoes, stuffing, and gravy before all the humans gobbled it all.

Stanley was finding it hard to chew the drumstick and ride as the same time, so he stuffed the bone in his back pocket, and followed his nose to the next kitchen. Stanley slipped in and sunk his paw into each serving bowl, and licked his wet, juicy, gourmet paw as he pedaled hard to dessert.

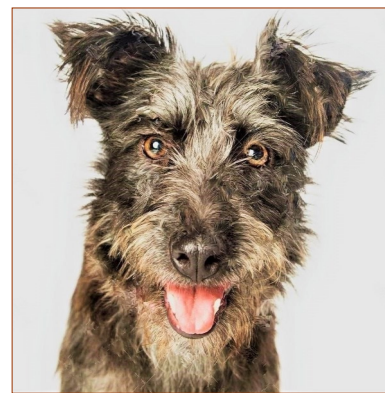
Oh! It was a glorious deep dish homemade pumpkin pie! On the kitchen counter, it had been cut into wedges, ready to go into the dining room. Stanley pounced, but this time, the thief was caught in the act. Luckily, this kitchen was one of Stanley's frequent stops and he was warmly greeted and handed a slice of pie. Lady bent over and said 'more 'whip, dear?' to which Stanley nodded his head vigorously. When she turned away, Stanley had vanished, and the whipping cream was gone too.

By now his tummy was near bursting and he pedaled slowly to a deep grassy ditch, got the can of whipping cream, and lay on his back, like a baby with a bottle. But he couldn't figure out how to get the cream out of the can.

Finally, he got one tooth into the nozzle and squeezed hard. Suddenly a mass of white foam escaped all at once, making Stanley look like a mad dog or Santa Claus!

Dear reader, this story ends as you would expect if you were to over-eat, over-indulge, and binge on whipping cream and find yourself in a ditch.

Need I say more?



by Dianne Volrich



**Updated
Fees**

**January
1, 2023**

Tipping Fee Changes

Starting January 1st, 2023, solid waste tipping fees at the Comox Valley and Campbell River Waste Management Centres will be increasing to keep up with operational requirements and improved enforcement for contaminated loads. These updates also hope to create positive change in diverting unneeded waste from landfills.

Did you know?

Food and yard waste currently make up about 30% of the total waste in Comox Valley and Campbell River landfills.

For more information,
visit: www.cswm.ca/fees


**Comox Strathcona
Waste Management**

THE COMOX VALLEY CHILDHOOD DEVELOPMENT ASSOCIATION

(CVCDA) is a non-profit society serving children, youth, and adults with diverse abilities and their families since 1974. They support participants through family centered, specialized services that build strength and capacity.

Each year The Baynes Sound Lions Club members and volunteers take part in a Wheelbarrow Walk. This long tradition is our way to participate in the Comox Valley Child Development Association's Telethon (broadcast on Channel 4). We push a wheelbarrow from Fanny Bay to the event in Courtenay (~30kms) collecting, coins and cash along the way. Watch for us on Hwy 19A Sun., Nov. 6th. Walk starts at 9 am from the Fanny Bay Hall, to Sid Williams by 5:30 pm.

Calling all local artisans, crafters & local businesses. The Baynes Sound Lions would like to supplement the walk by holding a Raffle. We are looking for donations from our local talent to fill the gift baskets for the raffled off. If you wish, we can obtain tax receipts from the CVCDA for the estimated value of your kind donations.

Email Nancy or Direct message on Facebook, or any other member, regarding your donation.

WHERE THERE IS A NEED

THERE IS A LION

We Serve

Cliff (250) 335-1112

nancysim1@shaw.ca



VOLUNTEER NEEDED FOR FBCA FUNDRAISING OPPORTUNITY

- The FBCA has been offered a partnership in a fund raising project of refundable containers which are collected in Bowser.
- A volunteer coordinator is needed to spearhead this initiative.
- Monies raised would be used towards FBCA operating costs.
- Our participation would be every 4th month and require a weekly work party for that month.
- Please consider taking on this volunteer position which would support our Hall.
- **Contact:** Debby McRae for more details at volunteers@fannybaycommunity.com



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Edie is a full-time award winning Realtor®, Top 2% in Royal LePage Canada, and successfully sells Fanny Bay/Union Bay, Bowser/Deep Bay with a total of 23 sales to date in 2022 in these areas. Being a resident of this neighbourhood provides Edie with local knowledge and the passion to sell it. Edie always acts with honesty and integrity and strives to provide her clients with a positive and stress-free Real Estate experience. Whether you're buying, selling, renovating, developing, or just want some advice, *Edie is your Island Specialist....Give Her A Call 250-937-9379!*

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THE "ENHANCEMENT" PART

of Fanny Bay Salmonid Enhancement Society is a twinned effort; one is our hatchery practice, the other our work in the lovely Vancouver Island watershed we share with all of you, the home of 25 fish bearing creeks. Most of our focus is on the streams and their fish, the Pink, Chum, and Coho who have populated them for millennia, and on what we can do to support - not to mention enhance - their productivity. That productivity does not just come from the efforts of the fish although it can't exist without them, a lot comes from the physical condition of the waterway they live in.

Our most recent outside job has just been completed in Cook Creek where a successful 2007 project had built six weirs - pools with downstream rock borders to improve fish habitat. Recently, vast amounts of gravel from the higher slopes had filled the center of the stream. High water flows had overrun banks and diverted



An excavator works in Cook Creek to clear a stream bed blocked with gravel and sediment for imminent spawning runs.

into surrounding land, and the rock that shaped the weirs had been washed out. In-stream work needs a large excavator running on environmentally acceptable fluids working within the 'fisheries window' - roughly July

15 to Sept 15 - when fish are fewest in the creeks

and can be kept out of the way of equipment. Through the summer, FBSES volunteers had moved 11,200 fry out of drying pools in Cook. All of this doesn't happen without planning, financing, and permissions, made possible by on-site surveys, mapping and photography, scientific language in descriptions and proposals, followed by submitting to habitat and funding approval committees and long waits for everybody involved.

This year will be memorable for the lucky coincidence that our project in Cook Creek was well underway when we discovered that nature had created a major problem for the Pink salmon spawning run on Wilfred, aka Coal, Creek. A log jam on the creek near where it crosses under Highway 19 had created a three-meter vertical



Spawning Pink salmon run through log jam and up new stream past excavator operator Angus Taschuk, FBSES volunteer Helmut Geiger and biologist Dave Clough immediately after removal of obstructions on Wilfred Creek Sept 21, 2022.

drop in the creek and stopped an estimated 1500 Pink Salmon spawners. It had to be cleared promptly and properly and the stream flow restored through a flooded area. Pinks have a two-year life span that ends quickly when they return to fresh

water to spawn, so the entire run to the creek was threatened. In addition, the salmon were being poached and harassed, and campfires were found in the area during this fire season. You will be happy to know that FBSES got on the case: the rule is anything to do with fish habitat restoration and maintenance "may only be undertaken by the Crown in right of either Canada or British Columbia, or their agents" and that was us. Also involved, the Department of Fisheries and Oceans, represented by our community advisor, Jacob Melville, and Mosaic Forest Management, the property owners, represented by Molly Hudson, their Sustainability manager. Direct permission had to come from Government of British Columbia Natural Resources through the FrontCounterBC website. Since FBSES' contracted biologist, Dave Clough, was on site at Cook Creek, he could and did do everything he needed to like we all do today, via cell phone and internet, with computer services provided at the home of our president, Judy Ackinclose, in downtown Fanny Bay. A rush effort done right, with modern technology and old-fashioned experience. It was rewarded on a late afternoon Friday when the Pinks, bodies half out of the water in the shallow stream, burst through the new opening in the log jam and up their new channel past the machine and men who had made it possible, after all the paperwork had been done, of course.

Even today, with machines and computers - all the king's horses - nothing happens without people. Beside the professionals on the site at Cook Creek, biologist Dave Clough and machine operator Angus Taschuk, were FBSES volunteers Randy Lousier and Barry Seeley, and at Wilfred, Larry McDonald, and Helmuth Geiger. Supporting all our efforts is the Pacific Salmon Foundation whose annual Salmon Dinner and Auctions like the one they held in Courtenay the weekend we took the jam out raised \$54,000 for us and other local groups.

by Dave Sands



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HELLO TO YOU ALL

as we bask in this beautiful and extended Second Summer! I have just received the reigns to submit the OAP Report each month to the Flyer.

To be honest I knew little about this group. Who are they, and what goes on in that brown building? Roland and I have driven by many times and seen meetings and activities going on, and thought "Seniors? Us? Nawwww, we'll wait a few years." However, lured by the thought of being involved in a huge garage sale, we dove in and got our membership. Our first potluck dinner was our introduction to this group of lovely and lively people. What we had been missing! We did help at the giant garage sale with some new friends and scored some good buys at the same time! Proceeds for the sale exceeded expectations and were the result of people working together. Thank you to all our volunteers that keep our group running in so many ways.

After a busy August and September, we are back to our regular routine which includes our very popular potluck dinners, with the first on Sept. 20th. One week later, volunteers were given an appreciation wine and cheese evening.



The hall was decorated in Fall colors and lights, an abundance of laughter, chatter, and an appy buffet.

It's no surprise that the hall was filled, as it seems just about everyone is willing to take on a job, position, or con-

tribute in some way. Thank you to Joan Johnsen, President, for keeping the wheels in motion! Thank you, Wally Johnsen, for provoking fun, and to everyone we've yet to meet in this lovely group of seniors. Please join us!

The annual Fanny Bay Christmas Market will be happening at Fanny Bay Community Hall, on **November 19th & 20th**. The OAP will be there with our bake sale, concession, and raffle. Raffle tickets will be available very soon from OAP members. Look for posters and information on the Facebook Fanny Bay Community Bulletin Board page.

Welcome to the newest renter of the hall! Jenny Lester will be offering 'HillBilly Choir Band' 4:00 - 5:30 pm on Mondays, starting October 3rd - December 12th. For more inspiration and information, you will find her ad on the Facebook Fanny Bay Community Bulletin Board page or contact her at www.jennylester.com.

The next general meeting is **Tuesday, October 11th at 2 pm**, with coffee and goodies afterward. The next Potluck is on **Tuesday, October 18th at 5 pm**.

If you are interested in joining the OAP, please contact Joan Payne at 250-335-3389 for more information. The cost is \$15 per person, per year.

November Happy Birthday greetings go to
Norma Shelley,
Walt Johnsen,
Anne Trussler,
and Shelly Smith.



by Dianne Volrich

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LIVING WILD

Vampires Will Run and Roses Will Flourish

The days are getting shorter as the warm and mild fall slips into the chilly days of November. So begins the season of sweaters, brisk mornings, mulled apple cider and the last of the colourful leaves falling to the forest floor. It is also the best time for planting next year's garlic before the winter comes.

Garlic has been utilized as a flavourful ingredient and food since the first recorded history. These bulbs were mentioned in the Bible, and there were cloves suspected to be over 3000 years old found in King Tut's tomb. Ancient texts from China, Egypt, India, Greece, and Rome refer to garlic for medical use, and it was known by many cultures as a plant of purity.

You may have heard the folklore that a clove of garlic would protect you from vampires, but since Ancient Egypt, garlic was used to ward off evil, disease and illness. It was not only known to protect you from vampires, but in many European countries it was thought to ward off witches, demons, and werewolves. Some believed that vampires were created by a disease affecting the blood, so a powerful antibiotic such as garlic would kill a vampire.

Another theory for its protection against vampires was that garlic has a very strong, pungent smell and it is also known to repel bloodsucking insects. Some insect repellants are exclusively made from garlic and its extracts to keep mosquitoes away. Strangely enough, not all bloodsuckers are repelled by garlic; in fact, leeches are attracted to it, and will chomp into skin covered in garlic oil 30 seconds faster than clean skin.

Garlic is a plant from the onion (*Allium*) family and is very closely related to leeks, onions, and shallots. Each garlic bulb has segments within it that are called cloves, and depending on the variety, there are usually about 8-20 cloves in one single bulb. It was one of the first herbs to ever be cultivated, and now has over 300 varieties worldwide.

Garlic is most beneficial consumed raw, and as fresh as possible. Scientists have now learned that most of the health benefits of garlic are due to the sulfur compounds formed when the clove is crushed, chopped, or chewed. Allicin is the most well-known compound, but it is unstable and only present for a very brief time right after garlic has been cut or crushed. Garlic contains 17 amino acids and is an excellent source of vitamins and minerals including Manganese and Vitamins B6 and C.

Some of the medicinal properties of garlic include treatment of high blood pressure, high cholesterol, osteoarthritis, fatigue, and common colds. In World War II

garlic was given to soldiers as medicine, and it was called Russian penicillin.

The athletes of Ancient Greece were given garlic as the very first performance enhancing agent for sports. Garlic prevents blood coagulation and is an antioxidant, antiviral, antimicrobial and anticancer. Although more research is needed, some studies have found that the antioxidants in garlic

improve bone health and help prevent Alzheimer's and Dementia.

As if there were not enough benefits of garlic already, it is of great value while it grows as well, and it collaborates with companion planting in



(Living Wild Garlic con't on page 18)



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FANNY BAY CHRISTMAS MARKET IS COMING

Saturday November 19th 10 a.m. - 4 p.m. and Sunday, November 20th 10 a.m. - 3 p.m. Fanny Bay Hall, 7793 Is Hwy.

We look forward to welcoming you to the annual Christmas Market at the Fanny Bay Community Hall in November.

We are excited to have the OAP concession and raffle included again this year and don't forget the popular OAP bake sale (Saturday only) - the tasty irresistible goodies sell out fast!

The Fanny Bay Quilters will be there with their quilt display and sale, along with about 30 other vendors displaying their wares! Many of the regulars will be back, along with some new vendors, selling everything from fine art to mustard! Lots of good gifts for everyone on your Christmas list!

The Fanny Bay Christmas Market is a long-standing community tradition that raises funds for the Fanny Bay Community Association. You'll be able to purchase your 2023 membership at the market. The FBCA table will also be selling copies of "Shingles and Shells, a History of Fanny Bay" by Arv Olson, 2nd edition.

Mark your calendar for November 19th and 20th and be sure to attend the popular Christmas Market.



Interested in Earthquake Preparedness?

Register today for a **free earthquake preparedness information session**. Alison Bird, Earthquake Seismologist with Natural Resources Canada, will be providing a virtual presentation to our community about earthquakes, tectonics, local hazards, and how we can all get prepared.

When: **Tuesday, November 8 from 7 - 8:30 pm**

Register today at: www.comoxvalleyrd.ca/getprepared

For more information,
call: 250-334-6000 or visit:
www.comoxvalleyrd.ca/getprepared



comoxvalleyrd.ca f t in

THE MOST RECENT MEETING

of the Baynes Sound Garden Club was held on the evening of Thursday, October 6th, with about 25 members in attendance.

Our guest speaker, Pam Lengyel, gave a fascinating presentation about mason bees, which are native to North America and do a better job of pollinating than the European honeybees. Pam has been interested in mason bees since 2014 and her knowledge of how to manage and care for them is extensive. To illustrate some aspects of her presentation, Pam brought along some mason bee houses, one of which was ready to be emptied of its nest cells. Much to our amazement (and maybe some horror!!), Pam quickly scraped the cocoons out of the grooves inside the bee house with a screwdriver! However when she asked us to help clean the cocoons, we found them to be very hard - sturdy enough to withstand rough treatment, and also a bleach bath! Pam managed to inject some humour into just about every part of her presentation and had us laughing throughout the evening.



The Baynes Sound Garden Club meets at 7 pm on the first Thursday of the month from September to November and again from February to June at the Seniors (OAP) Hall on Ships Point Road in Fanny Bay. We usually have a guest speaker, however the November meeting features a slideshow of members' gardens. Guests are always welcome to attend.

For more information on the club, email:

bsgardenclub@gmail.com

by Jackie Dunham



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your garden. I use garlic for perimeter planting around plants that might be considered delectable to deer and rabbits, as the garlic naturally repels them. It pairs well with beets, brassicas, lettuce, potatoes, celery, tomatoes, and strawberries. It works well and will flourish



A decorated Outhouse.

Only in Fanny Bay you say, pity.

with flowers such as nasturtiums, roses, marigolds, and geraniums. Whether you use it as a magical cure for various ailments or protection from vampires, witches, and villains, it is a delicious addition to any dish, and provides warmth that takes the chill from the short blustery days of winter.

by

Angela Hicke - Van Isle Wild

BOWSER OPEN MARKET REVIVAL kickoff!

PROCEEDS WILL SUPPORT DONATIONS TO RC Legion BR 211 Renovation Funds

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LIGHTHOUSE COUNTRY 2022 HALLOWEEN CELEBRATION SUNDAY, OCT 30, 12-5 PM

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- **Open Market!** of Local farm fresh produce, artisan baked goodies & handmade gifts
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What's On

KITCHEN OPEN Fridays & Saturdays

Menu on the Web Site - New Summer Hour

Mon, Tues, Wed. closed Fri & Sat. 4 to 10pm

Weeding Tuesday -meet 10-noon at Legion

General Meeting October 25th 7 pm

Halloween Dance Oct. 29th

Costumes welcome - live band - Big Daddy

Lighthouse Country Family Halloween

Celebration October 30th noon - 5 pm

Ongoing Events

Ladies Pool, Starts Wed., Sept 15th 4pm

Crib, Starts Wed., Sept 14th 6:30pm

Snooker, Check Marque ... Wed. ... 6:00pm

Men's Pool Thursday 6:00pm

Darts Thursday 6:30pm

Meat Draws Friday -5pm, Saturday - 4:30pm

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Facebook: [Events-at-the-Bowser-Legion-br211-99556487/](https://www.facebook.com/events-at-the-bowser-legion-br211-99556487/)

Community Contacts

Aerobics (FB Hall)

Suzanne Murray 335-2533

Baynes Sound Lions Club (OAP Hall)

Cliff Helps 335-1112

Baynes Sound Garden Club (OAP Hall)

Marion Woloschuk, President

.....baynessoundgardenclub.info@gmail.com

Beachcombers Academy Little Oysters Preschool

Principal - Ms. Cathy Bertram..... 778-427-4007

Beaufort Watershed Stewards

Mike Mesford 250-702-5900

Comox Valley Caregivers Support

Gini Eysers 250-897-8267

CVRD Area A Director reachme@danielarbour.ca

Daniel Arbour 250-650-8480

Fanny Bay Hall RENTAL

Judy Starr 335-0241

Fanny Bay Parents & Tots

Laurel Hodgins 250-792-5025

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[groups/2936874016340838](https://www.facebook.com/groups/2936874016340838) **fannybayhall**

FBCA Website fannybaycommunity.com

Fanny Bay Quilt Group

Noreen Sterling 335-3010

Joan Johnsen 335-2333

Fanny Bay Salmonid Enhancement Society

Judy Ackinclose 335-0010

Fanny Bay Volunteer Fire Department

Chief - Mike Smith 250-702-3346

Fanny Bay Waterworks District Office

Patricia McLean 250-927-2770

Neighbourhood Emergency Preparedness Program

Steve Strachan sstrachanfbfd@gmail.com

OAP #127 Hall 418 Ships Point Road

Bruce Mills Hall RENTAL 335-1337

Pickleball (FB Hall) Cher Kuss 778-427-4137

Ships Point Volunteer Fire Department

Chief - Terry Hoffart 335-0680

Ships Point Improvement District

Office - Nina LeBlanc 335-0551

Yoga Fanny Bay Hall Studio ... annette@agelessyoga.ca

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To send an email, place the identifier Above, before fannybaycommunity.com

FLYER DEADLINE IS THE 8th OF THE MONTH

The Fanny Bay Flyer is published 11 times a year (mid-month to mid month - no Jan/Feb issue) by the **Fanny Bay Community Association [FBCA]**, a non-profit society and registered charitable organization.

Opinions expressed in the Flyer are not necessarily those of the FBCA or the editor. While every effort is made to ensure the accuracy of the Flyer's content, neither the Association nor the Editor assume responsibility for any misprints or errors, which may appear in the information given and printed within.

Submit camera ready artwork - Jpeg, Word - or inquires to flyer@fannybaycommunity.com

The FBCA Board of Directors will promote a safe, respectful place for the community to gather.

The purposes of the Association are:

(a) To maintain and manage a community hall, grounds, and outdoor amenities, for use by the residents of Fanny Bay and surrounding areas.

(b) To provide and support programs, events, activities, and communications to benefit the community as a whole.

The FBCA gratefully acknowledges the support of the Province of BC through a Community Gaming Grant which enables the delivery of low cost programs & activities.

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Classes, Clubs & Meetings

Aerobics, Low Impact Suzanne FB Hall	Monday & Thursday	9 am - 10 am
Baynes Sound Garden Club - OAP Hall	Thursday	7 pm first week
Baynes Sound Lions - OAP Hall	Monday	7 pm third week
Caregiver Support Group - OAP Hall	Wednesday	10 am first week
FBCA Board Meeting - Fanny Bay Hall	Thursday	7 pm fourth week
FBSES - Rosewall Ck Hatchery Berray Rd	Wednesday & Saturday ..	9 am - 12 noon
FBWW - Fire Hall, Cougar Smith Rd	Meetings as required	fannybaywaterworks@gmail.com
OAP General Meeting	Tuesday	2 pm second week
Pickleball - Fanny Bay Hall	Monday	10 am - 12 pm, 3 pm - 5 pm
Pickleball - Fanny Bay Hall	Tuesday	1 pm - 4 pm
Pickleball - Fanny Bay Hall	Wednesday	10 am - 12 Noon, 3 pm - 5 pm
Pickleball - Fanny Bay Hall	Thursday	5 pm - 8 pm
Pickleball - Fanny Bay Hall	Friday	10 am - 1 pm, 2 pm - 4 pm
Pickleball - Fanny Bay Hall	Saturday	10 am - 12 pm
Pickleball - Fanny Bay Hall	Sunday	10 am - 1 pm
Ships Point Improvement Dist.	Wednesday.....	time varies, second week of month
Yoga with Annette - Hall Studio	Tuesdays.....	9:30 - 10:30, Chair Yoga 11am - noon
Yoga with Jane - Fanny Bay Main Hall	Tuesdays.....	7:00 pm - 8:30
Youth Night - Fanny Bay Hall	Friday.... Unless booked for rental	7:00 pm - 8 pm

Coming Attractions

Spooktastic Youth Nerf Night	Saturday October 28th 6 - 8 pm	Fanny Bay Community Hall
Black Cat Movie Night, Sin City	Sunday, October 29th 7:30 pm	Fanny Bay Community Hall
Halloween Family Fun	Monday, October 31st 6 - 8 pm	Fanny Bay Community Hall
Raine Hamilton Trio - Concert Series	Saturday, November 4th 7 pm	Fanny Bay Community Hall
Wheelbarrow Walk (meet at Hall)	Sunday, November 6th 9 am	Baynes Sound Lions
Franklin & The Northwest Passage	Tuesday, November 8th 7 pm	Fanny Bay Community Hall
Shoo The Flu Clinic by appointment	Saturday November 12th	Fanny Bay Community Hall
Fanny Bay Christmas Market	Saturday November 19th 10 - 4pm	Fanny Bay Community Hall
2nd day of Market	Sunday November 20th 10 - 3pm	Fanny Bay Community Hall
Black Cat Movie Night, Spirited Away	Saturday November 26th 7:30 pm	Fanny Bay Community Hall