

The FANNY BAY Flyer

A Complete Link To Your Community Services

FREE monthly distribution to 685 Fanny Bay homes from Mystery Beach to Mud Bay by the
Fanny Bay Community Association A Registered Charitable Organization NOVEMBER 2020

Black Cat Movie Night

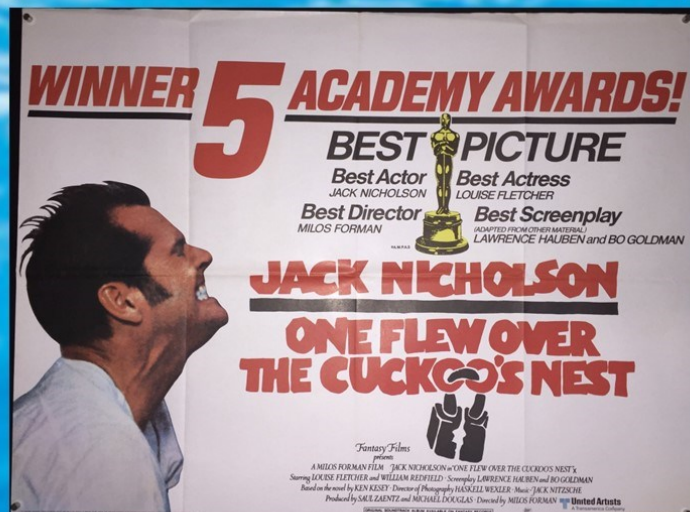
Free Movies
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**Saturday, November 7
7:30 pm**

NOTE: All standard COVID rules apply.
Maximum number of attendees: 25
Hosts maintain the right to refuse entry if
attendees unable to follow COVID rules.



**Saturday, November 21
7:30 pm**



Think our chairs too hard? Feel free to bring your own comfy deck chair!

Presented by Fanny Bay Community Association

Revised 07 October 2020

- Soft reopening of the Community Hall is going well. Rental requests for activities and events in the Hall considered on a case-by-case basis.
 - COVID-19 safety plans and contact tracing lists required from all rental/user groups
 - FBCA Guidelines for writing a COVID-19 safety plan developed and posted on website and in Hall.
 - Washroom use limited to one designated wash room; others posted as closed. Additional wash rooms available with pre-approval from Rental Agent
 - Hand sanitizers available at front entry; rental/user groups required to bring their own hand sanitizers
- FBCA programs and regular activities moving into Hall as weather changes. Some have split into several smaller groups meeting on different days, and/or moving into larger rooms, in order to meet room maximums during COVID-19.
- Guidance provided by Re-opening Committee members, if requested, as rental/user groups develop their own COVID-19 safety plans
- Re-opening Committee continues to monitor Hall usage and receive input from rental/user groups so that changes can be made to COVID-19 protocols when needed; protocols posted on website & in Hall; regular user groups advised via email of any changes to protocols
 - Fanny Bay Community Hall COVID-19 Protocol
 - FB Community Hall COVID-19 Kitchen Protocol
 - Protocol for rental requests during COVID-19 pandemic (*for use by Rental Agent*)
 - Washroom, Kitchen, and Touch Point Cleaning sign off sheets
- Sign posted on Community Hall entry door 'Do not enter if any COVID-19 symptoms, etc.'
- COVID-19 reminder signs (e.g. safe distancing, hand washing, safe coughing/sneezing, room maximums) posted as appropriate throughout Hall.
- COVID-19 Information Bulletin Board set up in main hallway.
- Copies of generic/blank Attendance Sheets, Contact Lists, and "Your Spot is Here" signs made available for all rental/user groups, if needed.
- First Aid supplies moved from Kitchen to new First Aid cupboard in main entry hallway, and COVID-19 safety supplies added.
- Hall cleaning schedule adapted according to use of Hall.
- Canine Companion Park and Children's Playground open; planning for upgrade to playground ongoing.
- Regular monthly FBCA Board meetings continue via Zoom.
- Ad hoc Board committee meetings continue in-person following physical distancing rules if only 2-3 people involved, or via Zoom or email.
- Financial planning ongoing to mitigate loss of revenue from rentals.
 - FBCA representative meeting regularly with other Community Hall groups on Island to brainstorm ideas to keep such groups afloat
 - Studio Tour in September was a success
 - Various grant requests submitted
- COVID-safe outdoor Halloween celebration plans well underway.

For updates please watch our website fannybaycommunity.com
or FaceBook page - *Fanny Bay Hall*

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TRIALS AND TRIBULATIONS OF A NOVICE FIREFIGHTER



In the aftermath of the house fire on Ships Point Road in February, I find myself contemplating two things: how fortunate it is that the family escaped their burning home in the wee hours that morning, and how well our Fire Dept (and Fanny Bay's) have responded to the emergency. When I take a nut bar and coffee over to my husband at around 8 am, I am greeted by exhausted fire fighters who have been on scene for the past six hours, and have yet to clean and put away gear and equipment. I am impressed by their dedication, and in a fit of community spirit, mention that maybe I should join the Fire Dept. The very next morning – I kid you not – Terry places an application form before me.

The Chief and I negotiate a September start, and when he asks me to come over to try on turn-out gear in late August, I realize that I am not getting out of this. And so I find myself at night practice on September 1st, wearing turn-out gear with a Self-Contained Breathing Apparatus (SCBA) strapped to my back, ready for the first of many “interesting” training scenarios devised by our Chief. That night, I am handed a piece of waxed paper with which to blank out my mask, and while stumbling around effectively blind for the next hour and a half, I learn a bit about how to conduct a primary search as part of a 3-person team, and package and remove a victim from danger. Did I mention the blind part? Talk about jumping in with both feet!

Soon after, fellow fire fighter Cathy and I are loaded onto an upcoming air brakes course. Our Chief is a big fan of pre-

study, and he sends us the ICBC training manual and air brake pre-trip inspection checklist well in advance. We also get a chance to go through the checklist on the fire apparatus - known to most people as the fire truck. I admit to feeling a bit overwhelmed, sitting in the seat of the big rig to perform cab checks, followed by checks under the hood and body of the truck. What the heck is a slack adjuster, and why can't I stomp on the service brakes while the parking brake is applied? Eventually, the light bulb inside my head connects to its electrical supply. Come the weekend of the course, both Cathy and I are thankful that we have invested substantial study time beforehand. We are the first two to take the practical exam (the only women on the course by the way), and both of us pass “with flying colours”, according to our knowledgeable and extremely patient Frontline instructor, Don Marshall.

Fast forward to day practice on October 13th. I'm feeling pretty upbeat, having finally figured out how to get into my turn-out gear all by myself. Or maybe not. Brenda gently reminds me that the face mask goes under, not over, the flash hood, so that the webbing that keeps the mask strapped to my face is protected. Ok, they say the best way to learn is to make mistakes, and I am all about doing my best! Today the Chief has decided that we are going to practice fighting a dumpster fire. After he explains the correct way to do this, the first group lines up in two teams - attack and defense. I find myself on the

(Trials and Tribulations continued on page 4)

When times get tough, credit unions matter most

Community, connection and collaboration are principles upon which credit unions are based. The last eight months have proven just how much those co-operative values matter.

You can count on your credit union

Seeing a difference between banks and credit unions isn't always easy – after all, they're both financial institutions that offer standard banking services. But when the going gets tough, it's the credit unions' dedication to making local decisions, supporting neighbourhood jobs and giving back to community that sets them apart.

When faced with demanding times and tough decisions, credit unions ask, “What's the right thing to do for our members?” Banks ask, “What's the right thing to do for our bottom line?”

Like with other organizations, the pandemic has made operating a financial institution more difficult, but credit unions have persevered and are thriving because of co-operative values.

Take us, here at Union Bay Credit Union. We kept our doors open to maintain the service levels our members depend on. We completed mortgage deferrals without members waiting on the phone for hours or being turned away at the door. We continued to lend to members, prioritizing help for those struggling. We boosted community donations to non-profits in need and suspended account fees for businesses that had to close.

On the surface, credit unions and banks may look the same, but the decisions they make are completely different because of their distinct ownership structures.

As with so many, the past months have revealed our strengths.



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(*Trial and Tribulations* cont'd from page 3)

nozzle of the attack team. Our team lead Jim reminds us to go on air, and we advance. After successfully fighting the fire, I find my air hose dangling at my side. I can't believe this! My tank is on, but I have forgotten to connect it to my mask. I hang my head and confess my inadequacies to the Chief. He nods thoughtfully and responds, "It happens, but usually only once." I wander off to the pumper to see what havoc I can wreak there.

At this point you may be asking yourself, is she having fun? You betcha! Where else can you face mental and physical challenges in a calm supportive environment, experience teamwork and camaraderie while serving your community, and maybe someday, save a life? a go!

Ships Point Volunteer Fire Dept has only 17 members - 12 fire fighters and five auxiliary. Given our low numbers, we desperately need members of our community to step up. Ladies are more than welcome - six of our current 17 members are women! If you are still working, note that two out of the four practices held each month are in the evening. Not sure if you want to work in the hot zone? Then maybe the auxiliary is for you. As a member of the auxiliary, you can free up fire fighters by taking over important tasks such as equipment staging, pumper operation, and traffic control. Or maybe you would like to be a First Responder. All of these roles are critical to the safety of our community, so I encourage you to join us and give it a go!

by Bonnie Hoffart

FAT OYSTER READING SOCIETY IS EXCITED TO FEATURE

Bernice Friesen at a zoom book launch on **Saturday, Nov 14th at 7:00 pm.** Email fat.oyster.fanny.bay@gmail.com to register. As well as being an accomplished visual artist and writer, Berni is Fat Oyster's own loyal dedicated volunteer responsible for all those dazzling Fat Oyster posters. You may have seen her emcee at live Fat Oyster events, work the book table or any of a number of tasks to keep our reading series alive.

Universal Disorder, just released by Freehand Books, is Berni's latest novel. Described as a "literary psychological mystery," it's a story about a brilliant but failed astrophysicist, a character so complex and fascinating he will stay with you long after you've finished the book. Author Jim Bartley says, "Bernice Friesen's captivating second novel is equal parts heart-stirring and mind-bending, perfectly balancing the intimate with the cosmic."

Berni grew up in a family of dyslexics, inventors and other divergent minds. Though she began creative life as a visual artist, her books include *The Seasons Are Horses, Sex, Death, and Naked Men*, and her first novel, *The Book of Beasts*. It was shortlisted for the Rogers Writers Trust of Canada Fiction Award, was a Globe and Mail's top 100, and won the Saskatchewan Book Award for Fiction. Check out Berni's website at <https://bernicefriesen.wordpress.com/>

For now, Fat Oyster will build on the success of our recent first zoom author reading. Though it may not be the ideal platform, in these difficult times, it is the safest. And it has perks! Pour yourself a glass of wine and relax in the comfort of your own living room for an hour of engrossing local literature and talk. We'd love to see some Fanny Bay faces. If the technology piece is a deterrent, please email and ask for help. Fat Oyster knows a local techie who'd be happy to offer some assistance. Remember to email ahead of time and simply ask to register for the event. You'll then receive a link on the day of the event on which you'll click to get on.

ANNUAL GENERAL MEETING, WEDNESDAY, NOV. 4TH

The SPID Annual General Meeting has been scheduled for Wednesday, November 4, 7:00 pm at the Fanny Bay Community Hall, 7793 Island Highway. Due to Covid-19 protocols, there are some changes in place for this AGM.

REGISTER/RESERVE: To attend the AGM, rate payers must register prior to the meeting. There will be no registration at the meeting. The meeting notice and registration form has been sent to all SPID ratepayers via Canada Post.

AGM REPORTS: You will receive the AGM package (Agenda, Board of Trustee Reports, 2019 Auditor's Report, 2020 Budget) prior to the meeting when you register. In an effort to limit the meeting to one hour and to ensure time for questions, Board members will review highlights of the reports only.

TRUSTEE ELECTIONS: There are three open trustee positions. This year, the election for the open positions will be held via mail ballot after the AGM. Two of the open positions are for three year terms. A trustee resigned midterm so the term for the third position expires at the 2021 AGM. Nominations for each of the three positions will be accepted prior to the meeting and from the floor of the meeting. Nominations will close at the end of the meeting.



SHIPS POINT IMPROVEMENT DISTRICT

SPID REPORT

PLEASE NOTE: masks are required and will be provided at the door prior to entry. Doors will open at 6:30 pm - please plan to arrive early so you can check in and be escorted to your assigned seat prior to the start of the meeting. Dress warmly, as doors will be open to improve ventilation.

ACCESS TO FIRE HYDRANTS AND WATER SERVICE BOXES

SPID maintains water operations throughout the Point at various fire hydrants and water operations boxes, such as water sampling and valve boxes, as well as the water service boxes that connect each residence to the water supply (as shown in photo). All of these water operations boxes and fire hydrants are located on public property. Clear access is required for regular water operations and maintenance, as well as quick and safe access to fire hydrants during emergencies.

SPID Bylaw 102 states that residents may not plant or erect structures or materials that might prevent or limit clear access to hydrants and service boxes. This includes fences and hedges or plant material of any sort covering or blocking access within a 1.5m (5 feet) radius of hydrants and service boxes, as well as the application of rocks or mulches hiding services boxes.

SPID is responsible for maintaining the clearance and access to hydrants and water operations boxes. Ratepayers determined to have blocked access to hydrants and service boxes will be responsible for the cost of SPID clearing plants, structures or materials and billed accordingly.

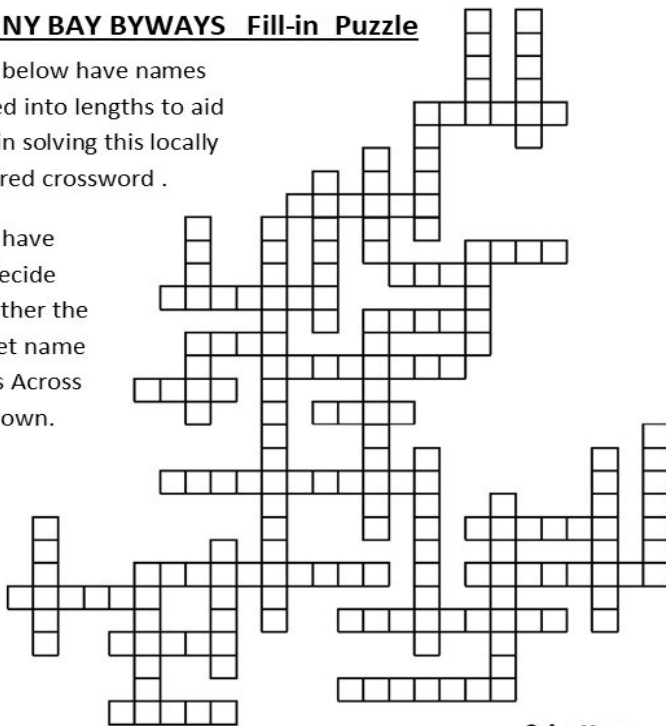
Please help keep these services accessible by keeping encroaching vegetation and structures away from hydrants and service boxes, so SPID can continue to keep our water and fire protection services functioning at their usual high level.



FANNY BAY BYWAYS Fill-in Puzzle

Lists below have names sorted into lengths to aid you in solving this locally inspired crossword .

You have to decide whether the street name goes Across or Down.



4 Letters

Hush
Leet
Lund
Park
Reef
Riml
Yake

5 Letters

Bates
Jacob
Penny
Stern
Tozer
Wente

6 Letters

Baynes
Berray
Curran
Little
Turner
Victor
Vivian
Wavell

7 Letters

Artella
Holiday
Michael
Old Yake
Station
Hastings
Stelling
Vacation

9 Letters

Macartney
Newcastle
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10 Letters

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UNIVERSAL DISORDER

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We gratefully acknowledge the support of the Fanny Bay Community Association,
and The Writers Union of Canada.

<https://www.facebook.com/fatoysterreading/>

www.fannybaycommunity.com





CHILDREN'S COLOURING AND ACTIVITY PAGE

WHAT ARE 2 SIGNS THAT FALL IS HERE?

For the Answer: Fill in the blanks with the letter that matches each picture, using the code at the bottom of the page.



&



| A | D | E | F | G | I | L | N | S | V | W | Y |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | | | |

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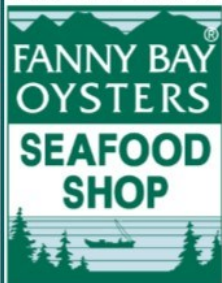
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WASPS ARE AN OCCUPATIONAL HAZARD FOR THE BEAUFORT WATERSHED STEWARDS

Not so much because we run into them when we're sampling but rather because they're attracted to our beer cans. But before you form a mental picture of a tipsy group of citizen scientists thrashing drunkenly through the bush, let me clarify. The beer cans are empties that we have found or have been given to us. They are a major source of income for our little group. And let me clarify further. When I say 'WE have found' I really mean "Lise has found". Lise Laguë is an avid cyclist who regularly rides our two highways, old and new. She developed the habit, while out on her rides, of picking up the empties that dot our landscape. Her ability to spot a can of Lucky hidden in a roadside thicket is legendary. But finding cans is the easy part. The various cans and bottles, whether Lise has found them or they've been donated to us, must be sorted, stored, and transported to town where they are converted to cash. Lise is the prime mover behind this herculean task.

One might think that such an important, though unglamorous, role would be enough for one person. But Lise, quite understandably, insists on being part of the more



picturesque activities of a watershed group as well; the ones where you get to wear chest waders. She's been up the creek and in the creek for every one of our flow measurement experiments. And a glance at our sampling calendar, where her name pops up regularly, will attest to the fact that she's a mainstay of our sampling program, even though chest waders aren't required for sampling.

Lise's background is filled with water so it should come as no surprise that she's comfortable being in creeks. Growing up, she was a competitive swimmer. She spent ten years in the Coast Guard, much of it as a Navigation Officer, with time in the Arctic, the St. Lawrence, the Great Lakes and a random trip to Bermuda. After she left the Coast Guard she continued her aquatic theme by working for the Canadian Hydrographic Service translating Sailing Directions for marine charts.

Lise's "official" role with BWS is as our Secretary and this may be the most important thing she does overall. Her meticulous minutes and agendas keep us on track from one meeting to the next. She keeps track of our important documents, records, and official correspondence.

But bottom line, whether she's dealing with documents, recording water quality parameters, navigating a new path through the bush, or standing in the middle of a cloud of wasps sorting empties, BWS would not be the same without her.

www.beaufortwater.org

by Mike Mesford



AMONG THE MANY SIGNS OF FALL

in our lovely corner of the earth we can include fishermen on our beaches. They're there because the fish are, of course. The rains that are now here were late, which meant the fish spent time waiting offshore for the creeks to rise and entering themselves by leaping out of the water just beyond casting range or swimming under pontoon boats. Of the five varieties of salmon on our coast, this area sees three: Pinks, Chum and Coho. One of the interesting items our pro streamwalker Adam Vojnic brought back earlier this year was the observation of 100 spawning Pink salmon in the upper reaches of Rosewall Creek, the site of FBSES' Berray Road hatchery, and a stream not known for supporting Pinks. Could we have missed them all these years? We don't think so, but Pink numbers previously counted have been so small that it has been easy to dismiss them as 'strays'. Nature may have something more to teach us.



Masked clippers are from left, Jens Johansen, Rosemary Sparham, Barry Seeley, Randy Lousier and Lesley Jones

Well underway as you read this is our annual clipping chore. Clipping the adipose fin from hatchery Coho is an exercise we gladly undertake each year because hatchery fish are 'keepers' for all those guys out there on the beaches. Covid has made this job, never the easiest thing to begin with, a longer and slower one. We will have smaller groups of four clippers, social distanced, at a table that used to accommodate six to eight in close harmony and efficient unison, so production is likely to be maybe half of what it was, but FBSES members like a challenge. We have 70,000 fish in our tanks that will be carefully handled, clipped and relocated into our two refinished raceways. The secret to clipping, for us and the smolts, is a light dip in an anesthetic bath that slows the fish down enough to be held briefly between three fingers while the other hand wields a pair of tiny, but sharp, scissors and snips an equally tiny fin. The adipose sits between the dorsal or top fin on a fish, as seen from the side, and the tail fin, and is considered a vestigial appendage much like our appendix. Appendixes are harder to get to, and



we aren't taking appointments: Covid, you Another great thing about fall - let's all be positive here, people - is that it is planting season for our trees. Lorraine Gardner of Fanny Bay is FBSES' nursery manager and she's been saying goodbye to rafts of our potted timber, like the 120 that Dan Bowen of Project Watershed in Courtenay picked up to take to their reclamation project on the site of the downtown sawmill. Cedars will grow where cedars were milled, a nice touch for the environment.

Other shipments are out there in the ground already. Also out there are all of 2020's rescued wild Coho and a few lucky sculpins who spent the summer in our salvage tanks. With the rains back and the creeks running, it's time to go wild again for the 347 from Emily and the 683 from North McNaughton who used to call D-3 and A-12 home and are now back almost exactly from where they were rescued. They were among the 17,034 returned this year which add to our total of more than half a million saved since FBSES started. You can be part of this kind of success story with very little effort; if you can wear a mask and carry a bucket you can be a hero. www.fbSES.ca



Lorraine Gardner, left, and Dan Bowen with FBSES cedars for Courtenay

by Dave Sands



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ANOTHER MONTH HAS FLOWN BY

and fall has arrived as the leaves change colour and cooler temperatures prevail. Everyone is enjoying all the sunshine they can get.

The OAP is pretty quiet of late although our renters continue with their activities for which we are very grateful. We want to thank our regular renters, namely the Fanny Bay Quilters, the Wednesday Artists Group and the Lions for their continued support. We have a few small groups interested in casual and longer term rental in the next few months. We can safely accommodate 14 individuals in our hall during COVID19, a few more with couples or bubble groups.

The executive will meet the first week of November to brainstorm some ideas of how we can get together following Covid-19 protocols that will encourage our members to make their way to gather together again. If anyone has any ideas please share them with one of the executive members so we can bring them up at our meeting.

Although Remembrance Day services will not be held at the Bowser Legion members will lay a wreath on our behalf. The Bowser Legion will be holding a virtual service which can be viewed on Facebook. Union Bay has cancelled their service but you may lay a wreath at the cairn if you wish.

As another month comes to a close with no end in sight for COVID-19 we still have limited use of the OAP hall and all of our usual Fanny Bay Seniors fall activities. It's really challenging to keep our members involved and active and keep up with day to day running of our group and meeting financial commitments. To that end we participated in this summer's Market Days with our Concession stand providing Market Day Meals and we managed to have our annual summer picnic to gather together for a wonderful well managed meal together!

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OAP REPORT

We are still collecting garage sale items and tucking them away in our refurbished annex awaiting that magic moment when we can rip off our masks and gather safely in happy-go-lucky large groups again! Call Bruce Mills 250-355-1337 or Joan Johnsen 250-335-2333 for arranging drop off or pickup of items.

In my next report I hope to give you a peek into our members summer activities that have been creative and safe ways that they have dealt with this pandemic. We have all found our ways to cope and have some fun.

Hope you had an exceptionally good Thanksgiving and Halloween and are looking forward to a creative Christmas. Happy November Birthday to: Walt Johnsen, Shelley Smith, Norma Shelley, Anne Trussler, Wendy Keating.

Remember to be safe, stay well and be kind.
Thank you for voting!

Did you remember to turn your clocks back at midnight Saturday, October 31st?

"LEST WE FORGET"

by Linda Tournemille



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IN THE LEAD UP TO REMEMBRANCE DAY, our normal Poppy Campaign will proceed with several changes in place. Many of our business partners in the community will still have the donation boxes posted in their stores but without canvassers at their normal stations. We are also offering a "Drive-Thru" station in front of the Bowser Legion on **Oct 30th & 31st and Nov 6th & 7th from 10am to 6pm** each day. You will be able to pull up - volunteers will provide Poppies without the need to get out of your vehicle.

We also are now able to take donations via E-transfer and would be pleased to send out more Poppies in the mail. To donate this way please send via rcl211_1@shaw.ca

And so, it is with hope that I call upon our membership to help us in honouring our veteran's this Remembrance Day. We will not be able to celebrate together the lives of our veterans, but we are moving forward with our Remembrance Day ceremony on November 11th, 2020. As we can not hold large gatherings at this time we will be providing a video stream that we hope the community and members will tune in to recognize those that have given so much to make Canada the wonderful country it is. To access the link to the live stream at either: rcl211.org or via Facebook at:

<https://www.facebook.com/Events-at-the-Bowser-Legion-br211-368799556487/> We hope that you will tune in.

COVID HAS BROUGHT ABOUT MANY CHALLENGES for 2020, some of which include how long standing traditions such as Santa's Workshop and Secret Santa would operate. A very difficult decision was made by both organizations that they would not be able to run in their usual manner due to the on going pandemic.

The Baynes Sound Lions are happy to announce they will be supporting **Island Hearts of Hope** who has stepped in with their CV Christmas for Kids Campaign. Their Campaign is already underway with the collection of NEW TOYS. Many drop off locations have been secured throughout the Comox Valley.

For more information or to find a drop off location near you please visit their website www.cvchristmasforkids.com

Their NEW TOY drive will run from now until December 5th. However they will end with a final 'Stuff The Trailer' Campaign which will run December 12th & 13th at F-2440 Cliffe Ave in Courtenay. Drop off all new and used toys at UB Diving F-2440 Cliffe Ave. Courtenay, on **December 12th**.

Also If you or someone you know needs help putting Christmas under the tree for their kids, please register by visiting

<https://cvchristmasforkids.com/toy-registration>

Deadline for registrations is December 5, 2020.

#COVIDCANTTAKECHRISTMAS



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YOUR LIGHTHOUSE NEIGHBOURHOOD PHARMACY

SHIPS POINT CHRISTMAS LIGHTS

Christmas this year is going to be quite different. For many people, a Christmas Light tour will be a high point. Most of us here will not be doing as much socializing. But we can do something for ourselves in this beautiful little community we live in.

We can make it even more beautiful! Let's add some sparkle and cheer by putting on the Ritz! We can make it festive by decorating our homes and property. Go all out, dazzle us or put up a Charlie Brown tree on your lawn! Post pictures of your decorations on the Facebook Fanny Bay Community Bulletin Board page. Who knows? We could be famous! We may be giving folks from other communities a Christmas light show to enjoy.

For the whole Christmas season we'll have the pleasure to create and enjoy it. Drive the Point or walk it and meet your friends and neighbours. Whatever you do will bring a smile and a Merry Christmas wave to you! Cheer like this has no 'distancing'.

More information will be in the December Flyer issue and posters will be popping up by then too.

a bright idea by Jeanetta Watt & Dianne Volrich

LIVING WILD

The last of the colourful leaves are falling, the mornings are starting to be crisp and the days are getting shorter. This year has been a plentiful year for mushroom foragers, as the forests have been littered with an abundance of fungi, including the very sought after chanterelles, pine, cauliflower, oyster and lobster mushrooms. Have you ever wondered though, what is happening beneath the forest floor?

It was discovered in the 1960s that fungi actually aided in plant growth, but it is not until recent years that the extent of its involvement has been known. In fact, mushrooms as we know them are the fruit of a very complex network of tiny threads of "Mycelium" that are wrapped around and tunneled into tree roots. If you have ever dug in the ground in the woods, you may have seen all of the fine white strands that looked like very small threads. These are the mycelium, and they weave through the entire forest floor, creating the "mycorrhizal network", which basically acts as the nervous system of the forest.

The relationship between fungi and trees is symbiotic, meaning that they are two completely separate organisms that benefit and often thrive from each other. It is estimated that 90% of land based plants are in an advantageous relationship with fungi. In the case of the mycorrhizal network, the mycelium feeds off of the sugars or carbohydrates from the tree roots, and in turn, provides water, and much needed nutrients such as nitrogen and phosphorus, back to the tree.

The intense communication abilities of the mycorrhizal network do not end with the essentials. If there is danger pending such as toxins, predators or pathogenic microbes, certain fungi have the ability to warn plants and trees by sending a chemical signal called allelopathy. Plants and trees can then prepare and defend themselves against predators or pathogenic bugs by releasing volatile chemicals or hormones. Studies also confirmed that in the event of deforestation or a major disturbance, trees are able to communicate to surrounding plants and trees, with a stress signal.



We now also know that these mycorrhizal connections can relay messages to plants far away as well. In the 1970s, Paul Stamets, Fungus Expert noticed similarities between mycelia and ARPANET, the US Department of Defense's early version of the internet, when he began studying fungi with an electron microscope. In 2008, Stamets coined the term "Earth's Natural Internet" in a 2008 TED Talk.

In 1997, Suzanne Simard of the University of British Columbia proved carbon transfer between Paper Birch and Douglas Fir trees through the mycelia network. In her study, it was shown that young trees growing in the shade, and therefore deprived of nutrients, were fed carbon from donor trees.

"These plants are not really individuals in the sense that Darwin thought they were individuals competing for survival of the fittest," says Simard in the 2011 documentary *Do Trees Communicate?* "In fact they are interacting with each other, trying to help each other survive."

According to Valentina Lagomarsino, Harvard University: "Trees are considered to be the oldest living organisms on the planet." Throughout the centuries, trees have been resilient to environmental changes because of their symbiotic relationship and communication with fungi. The mycorrhizal networks are affected by seasonal changes, soil fertility, disturbances and resource availability. One change can have several reactions, or affect many elements of a forest. Everything is intertwined, and we are just beginning to understand the importance and seriousness of these relationships.

So next time you take a walk in the woods, know that there is an entire carpet of information highways beneath your feet, communicating and exchanging nutrients and food. While you admire all the different shapes and colours of the mushrooms, the mycorrhizal networks are hard at work keeping the forest healthy.

Enjoy and appreciate every moment of it.

by Angela Hicke-Van Isle Wild

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comoxvalleyrd.ca

We were enjoying a walk in the forest in late September when my husband came to a grinding halt and uttered a single word. "What?" I said, as I all but barreled into him. "Cougar," he repeated, "that's a cougar, isn't it?" Sure enough, about 30 feet ahead, around a bend in the trail and blocking our path, was a cougar, motionless, and watching us over the bushes between us. My husband asked, "What should we do?" After a brief rush of fear, which quickly turned to exhilaration and awe, I replied, "Well, first, I am going to take a photo!" Then, maintaining eye contact, we stared at the cougar and he stared back. It would have been difficult to back away with two large leashed dogs in tow, so I raised my arms to make myself look larger and my husband politely but firmly asked him to leave. Amazingly, he did just that, turning off the trail into the bush. We waited a few minutes for him to clear the area and then continued on our way. Fortunately, being upwind and having shrubbery between us, our dogs did not even notice the big cat and only had a cursory sniff as we passed the spot where he had been.



Also known as a puma, mountain lion, or panther, among many other names, the cougar is native to the Americas. Its range extends from the Yukon to the southern Andes in South America. There are approximately 4000 cougars in Canada, of which almost 90% live in BC. Of that, roughly a quarter live on Vancouver Island, on only 3% of BC's land area, in fact the Island is home to the highest concentration of cougars in the world.

Weighing in at about 140 pounds for adult males, with a nose to tail tip length of seven to eight feet long, and standing about 30 inches at the shoulder, cougars are the fourth-largest cat species worldwide but are not generally classified as one of the "big cats" because of their inability to roar. The structure of the cougar's larynx differs from that of the lion, tiger, leopard, and jaguar, and so they can only hiss, growl, purr, chirp, and whistle. They are also known for their screams, often mistakenly identified as the calls of humans or other animals.

Cougars are solitary animals, each with a very large territory, the size of which depends on terrain, vegetation, and abundance of prey. Due to man's constant push into wild lands, the available range for cougars is being continually reduced. Fragmentation is also a problem, with territory increasingly divided by roads, farmland, or urbanization, often forcing one cougar into another's territory, causing stress and conflict. Hunger, stress, and territorial issues are the main drivers behind cougars moving into settled lands.

Cougars are obligate carnivores, which means they must eat meat to survive. They are ambush predators, stalking prey before leaping onto its back to bring it down with a powerful bite to the neck. The kill is dragged to a preferred spot, and covered with brush and debris, with the cougar returning at intervals to feed. A cougar's diet runs the gamut from insects to moose and everything in between, including mice, squirrels, rabbits, raccoons, seals, bighorn sheep, mountain goats, and deer. It is estimated that one large ungulate (hoofed mammal) will feed a cougar for two weeks, although the need increases for females raising young. Occasionally,

cougars prey on livestock (sheep, goats, pigs, horses, and cows are all ungulates) and pets.

Cougars have no predators other than humans, although they do have conflicts with other species of wildlife, such as wolves and bears, usually over kills. Understandably, cougars are very protective of their kills. Cougars are generally subordinate to bears, but usually win one-to-one confrontations with wolves.

Wolves in a pack, however, are known to have killed cougars. Life expectancy for cougars averages eight to 10 years in the wild and 20 years in captivity. Causes of death in the wild include disability, disease, conflicts with other cougars, starvation, accidents, and hunting.

Attacks on humans are very rare - prey recognition is a learned behaviour for cougars, and they do not generally recognize humans as prey. In the past 100 years, there were 29 non-fatal attacks in BC (of which 20 were on the Island) and five fatalities (four of them on the Island and six in total for Canada). To put this into perspective, 43 Canadians die EVERY YEAR from lightning strikes, compared to six fatal cougar attacks in Canada in 100 YEARS.

The cougar's stealthiness and hunting abilities have led to misconceptions and fear. The truth is that most British Columbians will never even see a cougar in the wild (chances are greater if you live on the Island!). However it's wise to be aware of guidelines in the event that you do encounter one. There is some good information on the BC government's website; search for "Staying Safe Around Wildlife" and then choose "Cougars" from the list. Did we do the right thing? Well, when it was most needed, we were able to dredge the basics out of the far reaches of our memories from something read long ago. So, yes, we did. Well, except maybe not the picture-taking!

by Jackie Dunham

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YOGA with JOSEY Tuesday evenings 6pm In-Depth Outside the Hall weather permitting, or indoors—downstairs, Covid-19 protocols. Bring your own mat, blanket and blocks.

Until regular classes resume you can participate on-line. Please email for links to wildyogastream@gmail.com Or Call **250-650-4535**

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SHINGLES & SHELLS - A History of Fanny Bay, by Arv Olson Second Edition \$35 promotions@fannybaycommunity.com

DAYLIGHT SAVINGS TIME ENDS

at 1a.m. on Sunday Nov 1st. Turn your clock back before you go to bed on Saturday, Oct 31st.



BOWSER

7035 W. Island Hwy
Ph 250-757-9222

email: rc1211@shaw.ca
website: rc1211.ca



What's On

Friday Night Meat Draw Menus

All Entrees \$13

Nov 6th - Fish Tacos, choice of Side item

Nov 13th - Fried Chicken, Coleslaw and Rice

Nov 20th - Brisket, Mashed Potatoes and Veggies

Nov 27th - Cabbage Rolls, Perogies
and Polish Kielbasa Sausage

SIDES

French Fries, Onion Rings, Sweet Potato Fries \$4
Caesar Salad Only \$6

Poppy Drive-Thru Oct 30th & 31st, Nov 6th & 7th, 10 - 6

Ongoing Events

Line Dancing Tuesday 3:15 pm

Men's Pool Thursday 6:00 pm

Texas Holdem Thursday 7:00 pm

Kitchen OPEN Friday 5:00 to 7:00 pm

Chess Saturday 12 noon

Burger and a Beer Saturday 5:00 pm

Horseshoes Sunday noon to 4:00 pm

Meat Draws Friday - 5pm & Saturday - 4:30 pm

Members, Guests, and Prospective members always welcome

Know Your Limit Play Within It 19+

Facebook: [Events-at-the-Bowser-Legion-br211-99556487/](https://www.facebook.com/Events-at-the-Bowser-Legion-br211-99556487/)

SHIPS POINT LAUNCH Uneasy Rider



Garbage pick-up in Ships Point happens on various days but you can almost always find a box of free offerings. This makes the stroll that much more fun. Maybe you intended to just go for a walk to the mailbox but found yourself bringing home a really ugly lamp or a perfectly good pair of cross country skis.

Our local mutt Stanley is much the same. On this particular day he was wandering along Little Way and inspecting each box of unwanted stuff. And there it was. The one thing in life that Stanley had always wanted but just now realized. Poking out of a box was a black motorcycle helmet. It was a full size skull cap and it had a spike on the top. Stanley picked it up and felt his heart pound and his blood rev up. Thrilled, he jammed the helmet in his backpack and raced down Little Way, looking for a motorcycle. Any motorcycle.

And there she was, his dream-girl, parked at the top of a driveway and gleaming jet black in the morning sun. He knew the moment he saw the bike that it was meant for him. Stanley stole cautiously around the house but didn't hear or see anyone. He nipped a beer from the cooler on the back step and put it in his backpack for later.

Now, how to get onto the bike? Stanley weighs about 55 pounds and about 30" to the top of his ears if he's standing still. From a straight stand he couldn't jump on the bike and the second side-saddle attempt failed too. Determined, he took a running leap at it, grabbed the handlebar with one paw and executed the full turn with a half-twist and landed smack in the seat. Owwww!!!

Now that he was seated, Stanley checked out the gears. The key was still in the ignition! He fished the helmet out of his backpack and put it on. A man's head and a dog's head are vastly different. It sat so low on his bony head that he could only see what was below him and his ears hurt from the pressure. But he could see the ignition and stretched one leg out as far as it could go and gave it a kick. It was the kickstand he kicked. Slowly, the bike sank to the driveway with Stanley locked under it. He passed out and had the best ever bicycle trip. Dennis Hopper and Peter Fonda were on either side of him and they were singing 'Born to be Wild'! The hogs roared so loud that Stanley threw everything into it and howled as crazy loud as he could too.

The owner of the bike had been over at the neighbours but came running when he heard the noise. He righted the bike, picked the dog up and gave him a shake. Stanley gave a sheepish and apologetic grin, struggled out of his grasp and escaped down the driveway. He made it back to the box and dropped the helmet back in it. As we know, Stanley cannot read but if he could he probably would have given the whole adventure a miss. People put their stuff out in any old carton. This one was marked Pandora's Box.

by Dianne Volrich

Community Contacts

Aerobics (FB Hall)

Suzanne Murray 335-2533

Baynes Sound Lions Club (OAP Hall)

Cliff Helps 335-1112

Baynes Sound Garden Club (OAP Hall)

Juanita Purin..... juanitamoa@shaw.ca

Beachcombers Academy Little Oysters Preschool

Principal - Ms. Cathy Bertram..... 778-427-4007

Beaufort Watershed Stewards

Mike Mesford 250-702-5900

CVRD Area A Director reachme@danielarbour.ca

Daniel Arbour 250-650-8480

Fanny Bay Hall RENTAL

Judy Starr 335-0241

Facebook Page [fannybayhall](https://www.facebook.com/fannybayhall)

FBCA Website fannybaycommunity.com

Fanny Bay Parents & Tots, Evelyn Bally...335-9022

Fanny Bay Quilt Group

Noreen Sterling 335-3010

Joan Johnsen 335-2333

Fanny Bay Salmonid Enhancement Society

Judy Ackinclose 335-0010

Fanny Bay Volunteer Fire Department

Chief - Mike Smith 250-702-3346

Fanny Bay Waterworks District Office

Patricia McLean 250-927-2770

Men's Caregiver Support Group

Wayne Wheeler 250-927-1474

Neighbourhood Emergency Preparedness Program

Steve Strachan sstrachanfbfd@gmail.com

OAP #127 Hall 418 Ships Point Road

Bruce Mills Hall RENTAL 335-1337

Pickleball (FB Hall) Cher Kuss 778-427-4137

Ships Point Volunteer Fire Department

Chief - Terry Hoffart 335-0680

Ships Point Improvement District

Office - Nina LeBlanc 335-0551

Yoga (FB Hall) Josey Slater 250-650-4535

Youth Group Evelyn Bally 335-9022

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250-335-2832 allow several days for call back 7793 Island Hwy S Fanny Bay V0R 1W0

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Opinions expressed in the Flyer are not necessarily those of the FBCA or the editor. While every effort is made to ensure the accuracy of the Flyer's content, neither the Association nor the Editor assume responsibility for any misprints or errors, which may appear in the information given and printed within. Submit camera ready artwork - jpg, gif, tiff - or inquires to flyer@fannybaycommunity.com

The FBCA Board of Directors will promote activities that enhance the quality of life for Fanny Bay residents.

The Board seeks community input, invites participation, encourages the use of the Fanny Bay Hall as a place to gather, share, foster and deepen the sense of community while maintaining the existing structure in good condition.

The FBCA gratefully acknowledges the support of the Province of BC through a Community Gaming Grant which enables the delivery of low cost programs & activities.

FLYER DEADLINE IS THE 20th OF THE PREVIOUS MONTH

UNION BAY CREDIT UNION PROUDLY SUPPORTS YOUR CALENDAR OF COMMUNITY EVENTS

- Mortgages & Loans
- Online Banking
- e-Transfers
- e-Statements

Union Bay 250.335.2122 | Lighthouse 250.757.8146 | Hornby Island 250.335.2326 | ubcu.ca

Classes, Clubs & Meetings

| | | |
|---|----------------------------|------------------------------|
| Aerobics, Low Impact Suzanne FB Hall | Monday & Thursday | 9 am - 10 am outdoors -TFN |
| Baynes Sound Garden Club - OAP Hall | Thursday | 7 pm first week |
| Baynes Sound Lions - OAP Hall | Monday | 7 pm third week |
| FBCA Board Meeting - Fanny Bay Hall | Thursday | 7 pm fourth week |
| FBSSES - Rosewall Ck Hatchery Berray Rd | Wednesday & Saturday .. | 9 - 12 noon |
| FBWW - Fire Hall, Cougar Smith Rd | Meetings as required | fannybaywaterworks@gmail.com |
| OAP General Meeting | Tuesday | 2 pm second week |
| Parents & Tots - Fanny Bay Hall | Thursday | 10:30 am - Noon |
| Pickleball - Fanny Bay Hall | Monday | 11 am - 1 pm, 3 pm - 8 pm |
| Pickleball - Fanny Bay Hall | Wednesday | 12:30 - 5 pm |
| Pickleball - Fanny Bay Hall | Thursday | 5 - 8 pm |
| Pickleball - Fanny Bay Hall | Friday | 10 - 4 pm |
| Pickleball - Fanny Bay Hall | Saturday | 10 - 12 noon |
| Pickleball - Fanny Bay Hall | Sunday | 10 - 1 pm |
| Ships Point Improvement Dist. | Wednesday..... | time varies, second week |
| Youth Group - Fanny Bay Hall | Friday..... | 7 - 8 pm when hall available |

November 2020

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
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Daylight Savings Time ended 1am Sunday, Nov 1st

December 2020

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| 27 | 28 | 29 | 30 | 31 | | |

Merry Christmas & Happy New Year 2021

January 2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
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| 10 | 11 | 12 | 13 | 14 | 15 | 16 |
| 17 | 18 | 19 | 20 | 21 | 22 | 23 |
| 24 | 25 | 26 | 27 | 28 | 29 | 30 |
| 31 | No Fanny Bay Flyer this month | | | | | |

February 2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|----------------------|-----|-----|-----|-----|-----|-----|
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| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | | | | | | |
| Happy Valentines Day | | | | | | |

FIRST, I WOULD LIKE TO EXPRESS my appreciation to all who supported me in my making of masks due to Covid-19. It was astounding as I have managed to help people stay safe while raising over \$1000 for our community association. It helps one feel good to be supported by your community.

I feel obliged to reach out to the people in the black pick-up, the white truck with a railing around the box and grey van. A young lady from the group 'liberated' EIGHT masks on August 15th without leaving so much as a one dollar donation. I saw you walk away - did you see me?

At \$5 per mask that would have been \$40 for expenses at the Hall. I hope they keep you safe and may your conscience be your guide.

by Norma Shelley