

The FANNY BAY Flyer

FREE monthly distribution to 685 Fanny Bay homes from Mystery Beach to Mud Bay by the

Fanny Bay Community Association A Non-Profit Society & Registered Charitable Organization APRIL 2020

A complete link to your community services

And, what if... If we subscribe to the philosophy that life is always working out for us,
that there is an intelligence far greater than humans at work...

That all is interconnected.

What if... the virus is here to help us?

To reset.

To remember.

What is truly important.

Reconnecting with family and community.

Reducing travel so that the environment, the skies, the air, our lungs all get a break.

Parts of China are seeing blue sky and clouds for the first time in forever

what with the factories being shut down.

Working from home rather than commuting to work (less pollution, more personal time).

Reconnecting with family as there is more time at home.

An invitation to turn inwards - a deep meditation -

rather than the usual extroverted going out to self-soothe.

To reconnect with self - what is really important to me?

A reset economically.

The working poor. The lack of healthcare access for over 30 million in the USA.

The need for paid sick leave.

How hard does one need to work to be able to live, to have a life outside of work?

And, washing our hands - how did that become a "new" thing that we needed to remember.

But, yes, we did.

The presence of Grace for all.

There is a shift underway in our society - what if it is one that is favorable for us?

What if this virus is an ally in our evolution?

In our remembrance of what it means to be connected, humane, living a simpler life,

to be less impactful / more kind to our environment.

An offering from my heart this morning. Offered as another perspective.

Another way of relating to this virus, this unfolding, this evolution.

It was time for a change, we all knew that.

And, change has arrived.

What if...

Gutpreet Gill

Conscious Breathwork & Intuitive Soul Work

THE FANNY BAY FLYER NEWSLETTER

is delivered free to 685 homes from Mystery Beach to Mud Bay at a cost of just under \$800 per month. Usually an additional 110 copies are left with advertisers and at several drop points for pick-up by those who aren't in the mailing area. As we have many advertisers in Bowser over 50 copies are delivered there.

In March, many of the events we had planned needed to be cancelled or postponed including **FBCA AGM** (future date TBA). We stopped all programs and activities at the Hall as our community participated in social distancing.

April and May events around the community have been cancelled and so the Flyer had little information to share. We have printed this abridged version for April with the hopes that life will be back on track in May.. or June at the least.

ALL FANNY BAY O.A.P. MEETINGS OAP REPORT

and functions have been cancelled for the foreseeable future. We will be in touch with our members by telephone or email as the situation evolves. In the meantime stay well and keep safe.

Garage sale donations: If you have donations of sale items for our garage sale in June please leave them on the back steps at our hall. For further inquiries please contact Joan 250-335-2333 or Bruce 250-335-1337. Thanks for your support.

Happy April Birthday to: Margaret Anderson, Ernie Anderson (a special day!), Louise Bradshaw, Jean Challand, Kay Edwards, Deb Gibos, Sylvia Radford, Ron Vermeulen.

WE HAVE ALWAYS BEEN HEALTH CONSCIOUS

at FBSES, but it was the health of our fish we worried about until recently. And planning and preparation for our 13th annual The River Never Sleeps festival was revving up. Since we all know why, we are just making it official here in the Flyer; the festival won't be happening this year.

At the hatchery, our normal routine involves getting stuff done in a companionable and social environment. That is what we'll miss as we adapt to the requirements our landlords, the Department of Fisheries and Oceans, have laid out. Only two or three people present at a time rather than the dozen or more we usually manage will be the big change. It will mean that a lot of us will be finding new ways to fill what used to be dependably busy Wed. and Sat. mornings.

Regular feeding and cleaning will happen, and fish health and growth will remain the point of our work. A lot of the small but nice things, like coffee breaks and barbecue day will be waiting for the sunrise. As will we all.

Fanny Bay Salmonid Enhancement Society columns always end with an invitation to visit, to see us in action at our work parties; those invitations will be back as soon as we are. Until then, there's our website: fbSES.ca

THE COMOX VALLEY LOCAL GOVERNMENTS

are taking precautionary measures in support of the Public Health Agency of Canada and the BC Ministry of Health and their efforts to contain the novel coronavirus.

At a Comox Valley pandemic regional collaboration meeting on Monday, March 16th representatives from the CVRD, Town of Comox, Village of Cumberland, and City of Courtenay decided that on Tuesday, March 17th a regional Level 2 Emergency Operations Centre would be established to support public health and VIHA.

"The activation of this EOC is a measure to help centralize messages to the public and support the direction of the Ministry of Health," explains CVRD Chief Administrative Officer and EOC Director Russell Dyson. "Every measure being put in place is to help flatten the curve of COVID-19 and undertake the necessary steps to help protect our community the best we can. The abundance of work within the EOC will be completed remotely reducing time, resources and potential exposure to COVID-19."

The Emergency Operations team with representatives from the CVRD, City of Courtenay, Town of Comox and Village of Cumberland are working together to collaborate on response measures and best practices. The EOC is standing by if support is requested at the federal or provincial level and information will continue to be shared as it comes available at: www.comoxvalleyrd.ca/covid19. March 17th, 2020

SPID ANNUAL GENERAL MEETING AND TRUSTEE ELECTION POSTPONED SPID REPORT

The SPID AGM scheduled for Saturday, April 18th is postponed until further notice, due to the ongoing COVID-19 outbreak. Dr. Bonnie Henry, B.C. Provincial Health Officer, has issued an order prohibiting events with 50 or more attendees, as well as stringent guidelines on social distancing. The Board is monitoring the situation closely and will reschedule the AGM and election as soon as conditions safely allow. Thank you for your patience as we work, together, through this health crisis.

BURN PERMITS

Burn permits will be required for backyard burning effective April 15, 2020. Permit applications are available at spid.ca or the SPID office. Burn permits can be rescinded at the discretion of the SPID Fire Department. Please monitor the SPID Community Welcome Board for fire closure notices. Residents are required to adhere to all regulations regarding fire safety and the Ventilation Index whether a burn permit is required or not. More info is at spid.ca.

SHIPS POINT CHIPPING WEEKEND APRIL 4th & 5th

At time of publication, the Ships Point Volunteer Firefighters Association still plans to hold the next Chipping Weekend for Ships Point residents on Saturday, April 4th and Sunday, April 5th.

Registration is at spvfirefightersassociation@gmail.com or in person at the SPID office, Tues-Fri, 1:00-5:00 pm.

Locally grown, **MASON BEES** for sale! 4 for \$1
Best price in the Valley: Limited number of bee houses
for sale. Call Pam at 250-335-1831 for information

FANNY BAY FIRE DEPARTMENT MEDICAL FIRST RESPONDERS



Fanny Bay Fire has now seven licensed Medical First Responders (FR). Members took the FR course at the Oyster River Fire Department on the first two weekends in January. All seven were successful and obtained their license. The plan is to qualify another three members in June for a total of ten.

First Responder Service was previously offered by the department but interest flagged and the service was discontinued. Call volumes will increase resulting in an improvement in moral and expectations which is only a good thing for our community.

Mike Smith, FB Fire Chief



ARE YOU PREPARED? COVID-19

Step 1. DON'T PANIC.

Step 2. Everyone should continue to think ahead about the actions that they can take to stay healthy and prevent the spread of any illness, especially respiratory infections. Now and always during cold and flu season, **stay home if you are sick**. Encourage those you know are sick to stay home until they no longer have symptoms.

Since respiratory viruses, such as the one that causes COVID-19, are spread through contact, change how you greet one another. Instead of a handshake, a kiss or a hug, a friendly wave or elbow bump is less likely to expose you to respiratory viruses.

Practice frequent **hand hygiene** and **coughing** and **sneezing etiquette**. Clean and disinfect frequently touched objects and surfaces, such as toys and door handles.

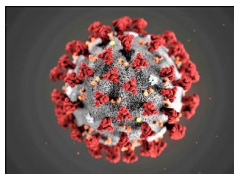
These are the most important ways that you can protect yourself and your family from respiratory illness, including COVID-19.

Step 3. For more information on COVID-19 please visit, www.canada.ca/en/public-health/services/diseases/2019-novel-coronavirus-infection/being-prepared.html

Step 4. Refer to Step 1.

Keith Thibault FB NEPP

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YOU CAN GET ACCURATE UP TO DATE

information at the following sites. Comox Valley Regional District www.comoxvalleyrd.ca/covid19, BC Centre for Disease Control www.bccdc.ca/health-info/diseases-conditions/covid-19, World Health Organization www.who.int/emergencies/diseases/novel-coronavirus-2019.

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Ships Point Improvement District (SPID) Report

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Opinions expressed in the Flyer are not necessarily those of the FBCA or the editor. While every effort is made to ensure the accuracy of the Flyer's content, neither the Association nor the Editor assume responsibility for any misprints or errors, which may appear in the information given and printed within. Submit camera ready artwork - jpg, gif, tif - or inquires to flyer@fannybaycommunity.com

The FBCA Board of Directors will promote activities that enhance the quality of life for Fanny Bay residents.

The Board seeks community input, invites participation, encourages the use of the Fanny Bay Hall as a place to gather, share, foster and deepen the sense of community while maintaining the existing structure in good condition.

The FBCA gratefully acknowledges the support of the Province of BC through a Community Gaming Grant which enables the delivery of low cost programs & activities.

FLYER DEADLINE IS THE 20th OF THE PREVIOUS MONTH