

# The Fanny Bay Flyer

Fanny Bay Community Association    A complete link to your community services    December 2017

A Non-Profit Society and Registered Charitable Organization

FREE monthly distribution to 640 Fanny Bay homes

## Live at Fanny Bay Hall

7793 Island Highway South, Fanny Bay, BC

Saturday, 13 January 2018

### Saguenay Quartet

(Formerly Alcan String Quartet)



&

### Lafayette Quartet



**Tickets \$30**

(includes dessert)

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Laughing Oyster Books, Courtenay

Salish Sea Market, Bowser

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Performance 7:15 pm

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# FANNY BAY CHRISTMAS CRAFT FAIR 2017

was well attended with a diverse array of thirty-eight vendors and local handmade products to be found. To emphasize the diversity, the youngest vendor was ten years old in his third fair, and the eldest was eighty-eight, attending her first. Despite the weather, customers came all the way from Parksville to Campbell River, with a few mainlanders thrown in. A set of locally crafted reindeer went to Vancouver, I'm told.

As usual, the OAP did a simply fabulous job of running the concession. Their energy was unbounded. Fran Mill's scones are gaining well deserved fame beyond the Fanny Bay OAP.

I'd like to thank the many volunteers who helped over the three days with setting up, taking down, and assisting throughout the fair. Special thanks goes to Barry Sterling for his mentoring in handing over the reins and to Wendy Keating for her heads-up support and trouble shooting. Many thanks to Joan Johnsen for being prepared; knowing just what needed to happen and when.

Thank you to the community for the generous food and money donations for the food bank. It delights us to announce that \$925 was given by shoppers, along with food donations, all of which will stay in our community.



Only a few of the wide array of thoughtful and well crafted products that delighted the hundreds of people who braved the weather and came out to support the artisans.

photography by Carter Power

There were special moments of human kindness. One vendor became ill and was unable to continue her shift. A volunteer stepped in and sold out her table for her. At another booth a child with a five dollar bill wanted to purchase a gift for her mother. The understanding vendor dropped his price to five dollars.

When Sunday dawned we all had stories of a night of wind and rain. Still, there was good attendance despite the torrential downpours and flooded roads.

All-in-all a positive experience for vendors and for customers despite the Wet Coast weather and wide array of other craft fairs being held. Also, a positive contribution to the FBCA and support of the hall as the centre of our community.

A steep learning curve for me, and I hope I'll be better prepared for next year.

*by Bev Powell*

## GENTLE YOGA - NEW FOR 2018 UPSTAIRS AT THE FANNY BAY HALL

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# THE TRUTH ABOUT COLD WATER RECOVERY

**Victims of cold-water immersion aren't out of trouble after being rescued.** In his latest installment of *Lifelines: Safety And Rescue At Sea*, *Mario Vittone* discusses what to do and what not to do when treating someone with hypothermia.

## Be Careful Getting Them Out

When a person spends an extended period in cold water, they have changed physiologically. Their bodies contain both warm and cold blood; their heart's ability to speed up when it needs to has decreased; and cardiovascular and nervous systems are temporarily altered in such a way that may lead to significant heart malfunction. Here are some best practices for recovering those who have spent time in cold water.

- Recover them as horizontally as possible. If you can avoid lifting them out of the water vertically, do it. But if you must lift them out vertically, get the person lying down immediately once on board. The hydrostatic pressure from the water on their body has made it easier to maintain blood pressure. As soon as they are removed, the heart has to work harder and a cold heart doesn't do well at working harder.

- Don't make them work for it. Don't ask them to pull or to exert themselves during their rescue, if it can be avoided. Remember, they are in a fragile cardiovascular state and climbing after being in the freezing water may be the last thing they ever do.

- Remember, none of this is as important as getting them out of the water. If you're at sea, and the only way to get them aboard is by hauling them over the rail like a big tuna, then haul away. Just do it carefully and be gentle with them once they're aboard. No pounding through the waves in a race back to the dock, either.

## Get Them Dry

Just because you got the rescued person out of the elements doesn't mean they aren't still cooling off. Wet clothes will continue to cool the person and hinder recovery. Getting them dry sounds easy enough, but this is another

area where there is a right way and a wrong way to do it.

- All modesty and dignity can be reserved for another day. Once you have them inside the cabin, absolutely every stitch of wet clothing comes off. It is better to *cut* clothing off (safely — medical bandage scissors are best) rather than have them endure the flexing and stretching of the limbs that occur when pulling off clothing the regular way. You want them laying down and moving as little as possible.



The Heat Escape Lessening Position can help your body to reduce heat loss while immersed in cold water.

Image courtesy of USCG

- Use towels to gently pat the water from their skin and hair and NEVER rub the person dry. Trying to rewarm a victim by vigorously rubbing their skin actually has the opposite effect. It makes them colder. A cold-water victim's skin contains the coldest blood in their bodies. By rubbing it, you essentially push it back into play before the body is ready for it.

- Thickness equals warmth. Wrapping the victim in layers (and more layers) of loose-fitting blankets and keeping them inside in a warm, dry place are the first goals after removal from the water. Everything you have done so far has been about preventing further heat loss. If they are dry and covered up out of the elements, that prevents more heat loss.

## Keep Them Down

Now that they are dry and out

of the elements, their recovery can begin. If they are intensely shivering, that's good. But for those who have never seen it before, this sight is a little disconcerting. It looks awful, and feels even worse, but it is just the body trying to regulate temperature. I can tell you from experience that the first 10 minutes out of the water is far more painful than any 10 minutes in it. But if they are lying down, dry and shivering, things are looking very good. What you want to do next is help them... wait for it... keep shivering.

## Get Them Calories

If your recovered victim has been in the water long enough to shiver violently, then they've burned an awful lot of calories. Depending on when they last ate, they maybe running low on available fuel and need a boost. Knowing that, what do you think is better for your freezing and shivering crew member: a warm cup of water or an icy cold soda? Pick the soda. A warm sugary cocoa is better, but the point is that calories are more important than the temperature of the drink. The victim needs the calories to fuel the shivering until they are fully recovered.

## Watch Them

People recovering from cold-water immersion often look miserable. Their skin may be so red that they look as if they have a bad sunburn. Sometimes they shake violently. Many sound as if they are in pain — and they are. But if you have done everything discussed above and the person is red, shivering and complaining about how miserable they are, they are probably just fine. By now you should have already called the Coast Guard and be

(Cont'd on page 9)

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Darren Hutton Fanny Bay Vancouver Island

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**T HIS TIME LAST YEAR**  
*we started our article with 'singing in the rain'*

but this year let's go with 'It's raining again'. A wonderful fall weather pattern and rivers and creeks are in full flood.

The chum brood take is over and with the help of the DFO Big Qualicum Hatchery staff we were able to get approximately 68,000 chum eggs. Now for coho, fortunately coho can swim up a ladder and into the fish trap so less labour intensive for the volunteers. From the trap they get a 'room assignment', separating girls from guys and then we wait until the females are ready to give eggs. Our coho target this year is 60,000 eggs. Presently, we have 15,000 eggs in incubation. The scuttlebutt is that it looks like very poor coho runs on both Vancouver Island east and west coasts this year, so the egg take is important as insurance that the 2017 genetics will continue.

Volunteers have been busy doing a balancing act with adipose fin clipping, getting our brood, doing coho egg takes, taking DNA and kidney samples which then are taken down to the Pacific Biological Station in Nanaimo for further studies. We are also slowly returning the



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salvage fry to their natal creeks.

We are certainly interested in showing folks around the hatchery, encouraging them to try a little fish feeding, clipping adipose fins or participating in an egg take – you know 'getting their feet wet' – not always just figuratively!! There will be coffee, cookies, laughter and potentially an uncontrollable desire to return – very salmon like....

For more information, visit our website [www.fbSES.ca](http://www.fbSES.ca).

**F ANNY BAY COMMUNITY ASSOCIATION MEMBERSHIP DRIVE**  
**2018 GOT UNDERWAY AT THE NOVEMBER CRAFT FAIR**

Thank you to the 105 memberships bought by community minded citizens over the weekend.

Why buy a membership?

- ♦ The Fanny Bay Hall is our community centre
  - ♦ Your money supports the maintenance of the hall, programs and the Fanny Bay Flyer
  - ♦ The hall is a designated emergency shelter for this area eg. earthquake, flood
  - ♦ Your membership entitles you to vote at the AGM
- Memberships can be bought at FBCA sponsored events including the upcoming Quartet Concert on January 13, 2018:

**\$10 /single \$20 /family**

**NEW: An income tax receipt will be now be given for your paid membership fee**

# THANK YOU TO EVERYONE

## OAP REPORT

who came out and supported us at the Fanny Bay Christmas Craft Faire. Our bake sale, concession and raffle were a great success thanks to all of you.

Congratulations to our raffle prize winners:

Quilt - Duane Shalen; TV - Sandy Furness; Gift Basket - Judy Horton; Necklace & Earrings - Margaret Darcy; Tee Shirt & Toque - Elva Clark; FBI Gift Certificate - Linda Dube; Fanny Bay Oysters Gift Certificates - P. McMillan and Noreen Sterling.

Thanks to all our volunteers who donated their time and talents to make this Craft Faire such a success for the OAP. *We couldn't do it without you.*

Our Christmas party will be held **Tuesday, December 12th**. Please come and join in the fun as we usher in the festive season. There will be lots of food, games, prizes and a sing along. All members will be called prior to the party.

Our next general meeting will be held **January 9th, 2 PM**. The next potluck will be held **January 16th, 5 PM**. Prue & Mike, Sharon and Susan convening. Please call Prue (250-335-0298) if you are planning to attend.

Happy December birthday to : Angela Patrick, Maureen Burdge, George Boothby.

Happy January birthday to: Carla Hope, Bruce Mills, Dave Mansbridge, Tim Laithwaite, Fran McLean, Barry Bowen, Ken Iverson, Leona Keim, Betty Haddon, Sharon Satterfield.

**MERRY CHRISTMAS & HAPPY NEW YEAR TO ALL !!**

*by Linda Tournemille*

## CHRISTMAS PAST IN UNION BAY



Written by Janette Glover-Geidt

The **Just For Joy Singers** invite you to an afternoon of memories, music and humour in **The Union Bay Church Sunday, December 17th @ 2 p.m.** Admission by Donation



**KINDNESS GENEROSITY LOVE**

HELP US & THE STUDENTS AT ECOLE PUNTLEDGE PARK ELEMENTARY SCHOOL meet our care package goal for the homeless. This year, serving the homeless in the communities of the Comox Valley, Victoria, and East Hastings in Vancouver.

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## BEAUFORT WATERSHED STEWARDS REPORT

**B** Do you know what's in your well? Besides water of course. If you live on Ships Point or you get your water from the Fanny Bay Water Works you can be sure you're water is routinely tested. But if you're on a private well is your well water tested? How often? It's prudent to test water quality at least once a year and to keep records. That way you can spot problems before they become a serious issue. If several wells in an area begin to have problems it can be a warning sign that there might be problems with the watershed.

We are graced with pristine water in our area but things can change in a heartbeat. Early warnings allow faster response to possible watershed degradation. Good documentation is important if we need to prove a point. If you test your wells please consider sharing the results with Beaufort Watershed Stewards. And if you don't currently test your well, please consider instituting an annual test and then tracking results.



Contact us with questions at  
[info@beaufortwater.org](mailto:info@beaufortwater.org)

*by Mike Mesford*

**S** HINGLES AND SHELLS, A HISTORY OF FANNY BAY by Arv Olsen. Second edition book available for Christmas gifts for \$35. Contact Tammy Mercer-Gervais at 250-218-4672 or email [ridingforfreedomranch@shaw.ca](mailto:ridingforfreedomranch@shaw.ca) to get your copy. Proceeds support F.B.C.A. and programs.

We hope to make the book available in local outlets in the near future. Stay tuned to the F.B.C.A. website and Fanny Bay Hall page on FaceBook for notification.

## LOOKING FOR THAT SPECIAL CHRISTMAS GIFT? Look No Further!



Saturday, January 13 2018 sees two of Canada's foremost string quartets joining forces on the Fanny Bay Hall stage, as the next in our 'Live At Fanny Bay Hall' series. Both of these groups, the first from Quebec and the second based at the University Of Victoria, have toured internationally for many years to critical acclaim. We are indeed fortunate to have enticed two groups of this calibre to combine their talents to present a once in a lifetime opportunity for us.



This concert will include fabulous desserts and coffee etc., for a wonderful evening out in Fanny Bay.

See the poster on the cover of this newsletter for further details. Tickets are on sale now in time to make very special Christmas gifts. Available at Weinberg's Good Food in Buckley Bay, Salish Sea Market in Bowser, and Laughing Oyster Books in Courtenay.

PLEASE NOTE that tickets will NOT be available at Laughing Oyster Books between December 1st and December 31<sup>st</sup>.

*by Neville Hope*

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# FANNY BAY NATURALLY

'All the leaves are brown and the sky is gray ... I've been for a walk on a winter's day ...' If you are in my age group, you likely remember that song by the Mamas and the Papas. Yes, the skies are mostly gray at this time of the year and yes, the leaves are brown, but not all of them! Here on the BC coast, we enjoy more native greenery throughout the winter than the rest of Canada! Here are three perpetually green-leaved beauties that are common in Fanny Bay.

The sword fern (*Polystichum munitum*) is the most abundant species of fern along the Pacific coast of North America - the favoured habitat being the understory of moist coniferous forests at lower elevations. Sword ferns can survive occasional dry periods, such as the hot dry summers we've had of late, but they need consistent moisture and light sun-

light to really do well, and prefer cool weather to warm. The fronds of the sword fern are single-pinnate (leaflets in a feather-like arrangement). Each pinna has a small upward-pointing lobe something like a sword hilt at the base, hence



the name, and the edges are serrated. Individual fronds live for up to four years and remain attached after withering and turning brown, providing habitat for salamanders and other small ground-

dwelling creatures. Sword ferns can form massive clumps of up to 100 fronds, each two to five feet in length. On a chilly morning, a clump of sword fern fronds edged with frost is a stunning sight.

Salal was listed as a plant "discovered" by Meriwether Lewis during the famous Lewis and Clark Expedition of the early 1800s, and is one of the most common understory shrubs in the forests of this area. A favourite of florists, the thick, leathery leaves are shiny and dark green on the upper surface, and rough and lighter green on the lower. Salal (*Gaultheria shallon*) grows from three to six feet tall, forming dense thickets under coniferous trees. The white or pink flowers attract hummingbirds in late spring, and are followed by edible fruit, a choice snack of bears. The young leaves and berries are

*(Cont'd on page 9)*



*Merry Christmas and  
Happy Holidays  
from  
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*Fanny Bay Fire Department*

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SHIPS POINT IMPROVEMENT DISTRICT

**W**ATER PROJECT PHASE 2  
**REPLACEMENT OF WATER MAIN**

The current phase of the water project is essentially complete. Representatives from SPID, the consulting engineers, the construction company and the Ministry of Transport & Infrastructure have conducted a final inspection to ensure any deficiencies have been addressed.

The plan was that the final inspection would occur in August. The fact that it occurred in November means that the last task, the hydro seeding of the boulevards, was done in the cold and (very!) rainy season. Our contract requires two complete cuts of the seeding. If the seed does not germinate and the cuts are not possible then, per our warranty, the company must re-seed. This potential issue was identified during the final inspection and SPID representatives will monitor.

As well, there may be some grading issues that come to light over the next few months that will need to be addressed.

**And the Winner is.....**

The Ships Point Volunteer Firefighters Association annual raffle was held on Nov 2<sup>nd</sup> and the big winner was the one and only Nina LeBlanc! Nina won first prize, the septic pump out, valued at \$350. A big thank you to **Valley Septic Service** for donating this very practical prize. Raffle funds go to support training courses for the SPID firefighters and first responders and towards the purchase of equipment for the SPID Fire Department.

**New SPID Board Member**

The Board of Trustees welcomes Bob Timbers, who was declared elected to the SPID Board by acclamation by Returning Officer Jim Quinn at the by-election held on November 4<sup>th</sup>.

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For more information about pricing, dates and location contact Tammy at 250-218-4672 or [ridingforfreedomranch@shaw.ca](mailto:ridingforfreedomranch@shaw.ca)



**THE LIONS ROAR Meat Draw 5 - 8 pm**  
 every Sunday at the FBI to the Rock-  
 in sounds of the Ryder Hawkins Band. One  
 hundred percent of proceeds raised, stay in  
 the community. The Baynes Sound Lions are  
 always seeking new members.



We meet the third Monday of the Month at the OAP Hall, 418 Ships Point Rd. We are a fun group of volunteers serving our community in many ways. *Join Us!*

Baynes Sound Lions are once again distributing Christmas food hampers. If you need a little boost at Christmas or know someone who does email [lionsbaynessound@gmail.com](mailto:lionsbaynessound@gmail.com) or call **335-1112** or **335-1466** with the following : number of people in the household, age number and gender of children. Requests are confidential. Cut off date is **Friday Dec 8th**.

The weather was perfect for our wheelbarrow push on **Nov 5th**. We raised \$10,400. Thanks to the community for supporting our fundraising projects.

**George Warner** won the bear carving in our raffle draw.



At the Highwayman Pub, halfway, 15 km to go. We reach Courtenay!

**FANNY BAY NATURALLY**

*(Cont'd from page 7)*

said to be effective appetite suppressants; perhaps something to keep in mind as the holiday season approaches!

Oregon grape is another common understory shrub of west coast coniferous forests that was collected by Lewis and Clark during their expedition. Several species are found in the Pacific Northwest, Mahonia nervosa being the most common in our area. The leaves are spiny and glossy, bearing a slight resemblance to holly. Dense clusters of yellow flowers appear in late spring with dusty blue-purple berries reminiscent of grapes appearing in summer, which are attractive to birds. An easygoing citizen of the forest, Oregon grape is resistant to drought, tolerates poor soils, and does not create excessive leaf litter, although outside of its native range, it is sometimes considered an invasive exotic!

If you find yourself 'California Dreamin' on such a winter day,' bundle up and go for a walk in the woods and admire the beautiful greenery these three plants offer in the midst of winter. And then go home and 'be safe and warm' (by the fire) right here in Fanny Bay, rather than in L.A.!

*Note:* If wild plants and tree boughs will be part of your holiday decor, make sure you don't harvest them from conservation areas, provincial parks, or anywhere else where picking native plants is prohibited! *Happy holidays!*

*by Jackie Dunham*

**THE TRUTH ABOUT COLD WATER RECOVERY** *(Cont'd from page 3)*  
 slowly heading towards medical care, if necessary.

There are a ton of variables in handling victims of cold water immersion, and those who read this far will likely have more questions. You can't learn everything you need to know in a short article or blog post. If you want to know everything you can about caring for a person with hypothermia, set aside an hour and watch **Beyond (Cold Water) Boot Camp** (Youtube). C'mon, watch it. I froze myself silly to help make that thing.

**Symptoms of hypothermia:** cold skin, lethargy, confusion, seizures. Slow reflexes - breathing - and heartbeat.

Reprinted with permission from Soundings magazine. The article originally appeared in Mario Vittone's weekly Lifelines: Safety and Rescue at Sea blog <https://www.soundingsonline.com/voices/cold-water-recovery>. To receive Lifelines, visit Soundings Online.com and click on the "Newsletter" link.

Mario Vittone is a retired Coast Guard rescue swimmer and an expert in immersion hypothermia, drowning, survival and safety at sea. He served two tours at Air Station Elizabeth City, North Carolina, and one at Air Station New Orleans. Vittone was also an instructor and course developer at the Aviation Technical Training Center in Elizabeth City before retiring in 2013 after 22 years in the Coast Guard. He writes and lectures about boating safety and search and rescue.

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Thanks to all those who supported our raffle.

**BULLETIN BOARD ADS ON GOING AT THE HALL**

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**LIGHTHOUSE COMMUNITY HALL** Rentals, Heart of Qualicum Bay [www.communityhall.ca](http://www.communityhall.ca) ■

**Rate: \$6 for the first 25 words; \$0.15 per word over 25. Must be prepaid before deadline each month. No Charge for Lost or found items . Call 250-335-2698**

**MISSING** Padlock for FBCA dumpster. Last seen during craft fair set-up Fri Nov 17th. Anyone with knowledge of it's whereabouts please call **335-2698**.

**WATER FOUNTAIN** is shut off for the winter due to freezing temps.

**OUTDOOR PORCH LIGHT** at the double doors will be turned on for events during winter months.

**HATS \$20 T-SHIRTS \$15** with FBCA Heron Logo, for sale. Email Suzanne [zambezi222@me.com](mailto:zambezi222@me.com) Proceeds support Hall Programs.

**DOG FECES** on Hall grounds has become a problem. Disposal bags are available in the 'off leash dog park' area. Young children use the playground daily. Youth use the field on Friday eve, weather permitting. Dog owners **not picking up** after their pets are invited to email or write (anonymously) to the Flyer editor and explain why this behavior is acceptable. Addresses on pg 11.

**A BIG WARM THANK YOU**

to the Fanny Bay Fire Department and Sparky the Dog, for their visit to Beachcombers Academy & Little Oysters Preschool.



A special thanks for all their support & care in looking after our school & our community. Heart-felt thanks from staff & families at Beachcombers Academy.



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Ph 250-757-9222 website: [rlc211.ca](http://rlc211.ca)

**What's On**

**Sunday Dec 10th at 8:30 am**  
BREAKFAST with SANTA

**Tuesday Dec 26th**

Legion General Meeting CANCELLED  
**Christmas and Boxing Day**  
The Lounge will be Closed

**Sunday Dec 31st New Year's Eve Dance**  
Doors Open at 7:30 pm

Advance tickets available at The Legion  
**Monday January 1st Levee at 1 pm**

**Ongoing Events**

Mixed Pool	Tuesday	5:00 p.m.
Eucre	Tuesday	6:30 p.m.
Ladies Pool	Wednesday	4:00 p.m.
Cribbage	Wednesday	6:30 p.m.
Men's Pool	Thursday	6:00 p.m.
Texas Hold 'Em	Thursday	7:00 p.m.
Darts	Friday	5:00 p.m.

**Meat Draws Friday - 5pm & Saturday - 4:30 pm**

Members, Guests, and Prospective members always welcome

Facebook: [Events-at-the-Bowser-Legion-br211-99556487/](https://www.facebook.com/events-at-the-bowser-legion-br211-99556487/)

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## *Community Contacts*

### **Aerobics (FB Hall)**

Suzanne Murray ..... 335-2533

### **Baynes Sound Lions Club (OAP Hall)**

Cliff Helps ..... 335-1112

### **Baynes Sound Garden Club (OAP Hall)**

Karen Fouracre ..... 335-1676

### **Beachcombers Academy Little Oysters Preschool**

Principal - Wendy Preston ..... 778-427-4007

### **Beaufort Watershed Stewards**

Mike Mesford ..... 335-0101

### **Fanny Bay Hall RENTAL**

Judy Starr ..... 335-0241

### **Fanny Bay Quilt Group**

Noreen Sterling ..... 335-3010

Joan Johnsen ..... 335-2333

### **Fanny Bay Salmonid Enhancement Society**

Judy Ackinclose ..... 335-0010

### **Fanny Bay Volunteer Fire Department**

Chief - Mike Smith ..... 250-702-3346

### **Fanny Bay Waterworks District Office**

Barbara Gould ..... 465-9043

### **Fat Oyster Reading Series**

Sean Hickey ..... 250-802-6104

### **OAP #127 Hall 418 Ships Point Road**

Bruce Mills .... Hall RENTAL ..... 335-1337

### **Parents & Tots (FB Hall)**

Evelyn Bally ..... 335-9022

**Pickleball (FB Hall) Cher Kuss ..... 778-427-4137**

### **Ships Point Volunteer Fire Department**

Chief - Terry Hoffart ..... 335-0680

### **Ships Point Improvement District**

Office - Nina LeBlanc ..... 335-0551

**Yoga (FB Hall) Josey Slater ..... 650-4535**

**Youth Group Evelyn Bally ..... 335-9022**

**Zumba Jessica ..... 218-4802**

**Facebook Group page fannybayhall**

**Fanny Bay Community Bulletin Board.....**

[www.facebook.com/groups/667576573274255/](http://www.facebook.com/groups/667576573274255/)

## *Your FBCA Board of Directors*

**President .. Anne Trussler    Vice-President .. Tammy Mercer-Gervais    Treasurer .. Liisa McCollum**

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**Memberships .. Alaine French    Concert Co-Ordinator .. Neville Hope    AV Co-Ordinator .. Ron Vermeulen**

**Hall Rentals .. Judy Starr .. rentals@fannybaycommunity.com 335-0241**

**Flyer Editor.. Wendy Keating.. flyer@fannybaycommunity.com**

**Volunteer Co-ordinator.. Cece Henderson cece@gypsycece.com**

**Directors at Large .. Roger Chayer .. Dianne Volrich**

**250-335-2832 allow several days for call back    7793 Island Hwy S    Fanny Bay    V0R 1W0**

The Fanny Bay Flyer is published monthly (except January) by the Fanny Bay Community Association [FBCA], a non-profit society and registered charitable organization.

Opinions expressed in the Flyer are not necessarily those of the FBCA or the editor. While every effort is made to ensure the accuracy of the Flyer's content, neither the Association nor the Editor assume responsibility for any misprints or errors, which may appear in the information given and printed within.

Submit camera ready artwork - jpg, gif, tif - or inquires to [flyer@fannybaycommunity.com](mailto:flyer@fannybaycommunity.com)

The FBCA Board of Directors will promote activities that enhance the quality of life for Fanny Bay residents.

The Board seeks community input, invites participation, encourages the use of the Fanny Bay Hall as a place to gather, share, foster and deepen the sense of community while maintaining the existing structure in good condition.

**The FBCA gratefully acknowledges the support of the Province of BC through a Community Gaming Grant which enables the delivery of low cost programs & activities.**

**DEADLINE IS THE 20th OF THE PREVIOUS MONTH**

- Mortgages & Loans
- e-Transfers
- Online Banking
- e-Statements

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### *Classes, Clubs & Meetings*

<b>Aerobics, Low Impact</b> Inst: Suzanne F B Hall	<b>Monday &amp; Thursday</b>	<b>9 - 10 am</b>
<b>Baynes Sound Garden Club - OAP Hall</b>	<b>Thursday</b>	<b>7 pm first week</b>
<b>Baynes Sound Lions - OAP Hall</b>	<b>Thursday</b>	<b>7 pm third week</b>
<b>FBCA Board Meeting - Fanny Bay Hall</b>	<b>Thursday</b>	<b>7 pm fourth week</b>
<b>FBSES - Rosewall Creek Hatchery Berray Rd</b>	<b>Wednesday &amp; Saturday</b>	<b>9 - 12 noon</b>
<b>FBWW - Fire Hall, Cougar Smith Rd</b>	<b>Wednesday</b>	<b>7 pm first</b>
<b>OAP General Meeting</b>	<b>Tuesday</b>	<b>2 pm second week</b>
<b>Parents &amp; Tots - Fanny Bay Hall</b>	<b>Thursday</b>	<b>10:30 - 12 noon</b>
<b>Pickleball - Fanny Bay Hall</b>	<b>Sunday</b>	<b>10 - 1 pm</b>
<b>Pickleball - Fanny Bay Hall</b>	<b>Monday</b>	<b>5 - 8 pm</b>
<b>Pickleball - Fanny Bay Hall</b>	<b>Thursday</b>	<b>5 - 8 pm</b>
<b>Pickleball - Fanny Bay Hall</b>	<b>Friday</b>	<b>10 - 1 pm</b>
<b>Ships Point Improvement Dist. Vivian Way</b>	<b>Wednesday</b>	<b>time varies, second week</b>
<b>Youth Group - Fanny Bay Hall</b>	<b>Friday</b>	<b>7 - 8 pm when hall available</b>
<b>Yoga, Instructor: Josey - Fanny Bay Hall</b>	<b>Tuesday</b>	<b>7 - 8:30 pm</b>
<b>Yoga, Gentle - Fanny Bay Hall</b>	<b>Thursday</b>	<b>T.B.A. midday, starting Jan 11th</b>

### *Coming Attractions*

<i>Shingles &amp; Shells, A History of Fanny Bay</i>	by Arv Olson 2nd Edition For Christmas	Giving. Call Tammy at 250-218-4672
Soupy Café & Community Lunch	Wednesday December 6th, noon -1pm	Lighthouse Community Hall, Qual. Bay
Market & Pancake Breakfast	Sunday December 10th, 8 am - noon	Lighthouse Community Hall, Qual. Bay
Kindness Care Package for the Homeless	Monday December 11th	Ecole Puntledge Elementary School
Christmas Past in Union Bay	Sunday December 17th, 2 pm	Just For Joy Singers, Union Bay Church
Vision Board Workshop	January 2018	For more info email: ridingforfreedomranch@shaw.ca
Lafayette & Saguenay Quartets Together	Saturday January 13, 2018	Fanny Bay Concert Series

The Fanny Bay Community Association thanks all the contributors & advertisers whose participation and belief in The Fanny Bay Flyer has contributed to a successful year of growth.

As per usual, the Flyer takes a break for the month of January and will return in February

