

# The *Around the Bay* Fanny Bay Flyer

## THE WASHROOM PROJECT IS UNDERWAY!!

Exciting News. After much planning and forethought, physical work on the new handicapped-accessible washrooms got off to a roaring start in the past month.

Implementation of a major project like the bathroom addition takes not only a long time to plan but also requires numerous implementation phases. Sometimes there are surprises.

Last month we reported on the need for a new septic drain field. The drain field is already complete and ready to be hooked up once the washroom construction is finished. Since we assume that sunny days are on the way and there is no easy way to water, we will wait until fall to seed the area.

All hurdles in the permitting process were met successfully. The next surprise was the discovery of rotten timbers in the existing foundation. The Regional District approved plans to repair that and the foundation for the new bathrooms was poured. By the time you receive this edition of the Flyer, you will be able to enjoy visible progress!

Progress on our fundraising campaign can be viewed on the yellow and blue panel next to our building sign. See the photo above. Remember, many modest donations make the total. One of the young men working on the construction crew is donating \$100 worth of nails. That kind of commitment from a non-resident will help to reduce our final costs.

Your donation can be mailed to the hall (Fanny Bay Community Association, 7793 Island Highway, Fanny Bay, BC V0R 1W0), given to any Board member or put in the donation box attached to the dining room wall.



# The Fix-It Shop

Fanny Bay

Repairs to:

- ✓ Lawn Mowers
- ✓ Garden Equipment
- ✓ Small Engines
- ✓ All Kinds of Other Things



### Ray's Tip

"Remember to change the oil, sharpen the blades, and service your equipment **before** you have to use it."

## 250-702-2191

e-mail: [FixItShop009@gmail.com](mailto:FixItShop009@gmail.com)



The Cougar Smith Road bus shelter— with a pride of helpful lions!

SPRING CLEANING and want to earn some extra money for those wonderful things you no longer need, come to the Fanny Bay Garage Sale/Junk-in-your-Trunk Sale on August 17th, at the Fanny Bay Community Hall. Crafters welcome. For table/space reservations or information please call 250-335-3282.



**Thanks to the Sea Cadets**  
May 17th the Sea Cadets sailed down to Fanny Bay to camp overnight. While in the area they walked to the hall grounds and cleaned up winter windfall and branches that had been removed for the new drain field.

**BOWSER  
MASSAGE  
THERAPY**

**BOOK NOW**  
**1 - 250 - 797 - 5314**  
LONG DISTANCE FROM MOST AREAS

Receive Treatment for  
Stress, Sprains, Tendinitis,  
Chronic Pain, headaches,  
spasms & so much more!

**#204 Magnolia Court (upstairs)**  
**6996 Island Highway**

[www.bowsermassagetherapy.com](http://www.bowsermassagetherapy.com)



It is with much sadness that we have to announce that there will not be a Fanny Bay Day again this year. No one from the Community volunteered to act as a coordinator.

## FAREWELL TO MUSIC ON THE BEACH

For over a decade once a week during the summer months many of us would pack a picnic supper and head down Park Rd. to Ships Pt. Park. Here we were treated to an evening of music – not just any music – a bevy of songs for all ages played by the ensemble known simply as The Beach Group. This group was made up of four of our very own Fanny Bay> musicians – leader Jan Verkerk and wife Joyce, Jim Quinn and Bill Carmichael.

Joyce tells of how the band came to be. “Jan and Jim would play guitar together in our living room and soon I was enticed to join up. At a party one evening Bill confessed that he had always wanted to play the harmonica whereupon that very instrument was produced and the rest is history. Bill was an inspiration to us all. He had no formal music training just the love of music and the desire to play. Bill passed away in 2011 and has been sorely missed by his band members and the audience alike.

They needed a suitable venue and Ships Pt. Park was selected. This little park, idyllic and charming in its natural setting, offered the perfect blend of nature and seclusion to complement the theme of the music. The band would set up on the rocky beach. Almost surrounded by water often seals, the occasional whale and many birds seemingly basked in the melodious human sounds. To the east Denman Island nestled in the backdrop, to the southwest the Beaufort Mt. range stood guard. Nature and the delightful music were in harmony. When the tide was high the Band would set up in the woodsy area of the park surrounded by majestic Oak trees. There the squirrels would scurry back and forth as if in tune with the music. How better could life be?

The band members each contributed their own varied skills. Joyce played bass guitar and offered the feminine touch with her strong, true soprano voice. Her solo presentation of Hallelujah defies words, it was simply moving. Jim was the believable story teller. With his deep baritone voice he could bring to life ballads such as Navajo Rug and The Man with the Big Hat. Bill offered toe-tapping enthusiasm along with his harmonica playing. Jan, a most gifted singer, could also dazzle with his guitar on songs such as Hot Rod Lincoln and have everyone in stitches with his banter or a song like Blues My Naughty Sweetie Gave to Me. Over the years other musicians such as Bob Henderson, Pete Howard and Pat Bowerman added their talents to the group.

All good things must come to an end. So has these unforgettable musical treats. A huge thank-you to Jan and Joyce Verkerk and Jim Quinn. Bill Carmichael and his harmonica will hold a special place in our hearts. The lasting image of Music on the Beach will be the sunset tide coming in as Jan sings “Fanny Bay Tonight”.



## **EAO MAKES DECISION TO REJECT RAVEN COAL APPLICATION**

On May 16, 2013, the Environmental Assessment Office (EAO) issued a letter to Compliance Coal Corporation (Compliance) saying the EAO had determined the Compliance Application did not contain the required information and it had decided not to accept the Application for detailed review.

In a nutshell this means the EAO has given Compliance a laundry list of information requests which must be included if a revised Application is resubmitted. This is by no means the end of this saga, Compliance may in fact resubmit a revised Application, but this EAO rejection is a huge hurdle for Compliance in their attempt to get approval for the project.

For all of you who have put up lawn signs, written letters, gone to rallies and public meetings, supported CoalWatch and our Ocean of Plenty dinner, and given words of encouragement over the past three and half years, **YOU HAVE MADE A DIFFERENCE** in where we are today. You have earned and deserve a collective pat on the back

CoalWatch will continue to monitor the environmental review process, and if Compliance resubmits a revised Application, we're prepared to meet it head on. On behalf of the CoalWatch board of directors, we thank you for your support, and wish you all the very best.

John Snyder  
President, CoalWatch Comox Valley Society

## **20<sup>th</sup> Denman Home & Garden Tour, June 15 – 16, 9:30 – 5:00**

Spend a magical day – or a weekend getaway – touring the remarkable properties of this idyllic island, and find out why this Tour has been deemed “one of Canada's top horticultural events” by national media.

Visit the home and garden of Canadian gardening icon Des Kennedy; take in architecturally-stunning homes, gardens by the sea, fairy-tale cottages brimming with perennials, traditional farmsteads, artists' lairs surrounded by masses of colourful blooms, and permaculture projects that combine style with sustainability. The owners are on hand to share tricks and tips and talk about the ins and outs of life on a small Gulf island.

This year the Tour celebrates its 20<sup>th</sup> anniversary with 12 diverse properties. You can be ambitious and aim to explore all of them, or take a leisurely approach, stopping to enjoy artists' studios, woodland walks, heart-lifting ocean views and all the rural charms of this Island. A home-cooked lunch featuring local ingredients – direct from the Community School garden, which is on the Tour – will be offered at the Community Hall. Cyclists on the Tour can enter their name for a free draw at the ticket table at the Community Hall.

Tickets \$18 (kids free): [www.denmanconservancy.org/](http://www.denmanconservancy.org/), in Bowser at the Salish Sea Market, in Courtenay at Art Knapp's and Home and Garden Gate, and in Qualicum at Ken Dor Garden Centre and Arrowsmith Garden, or call 250-335-2148.

This event, sponsored by Denman Conservancy Association, is a fundraiser for land conservation. More info, including our Tales from the Tour Blog, on our website, and find us on Facebook for updates and inspiring “sneak preview” photo albums.



**Your Island Concierge & Cleaning Girl**  
 Box 231 Union Bay, B.C  
 Serving Royston, Union Bay, Ships Point, Fanny Bay  
 250-335-2804 or 250-792-1020 fax 778-427-7732  
 We are Bonded, Insured, Have Criminal Record Check  
 yourislandcleaninggirl@shaw.ca  
**Professional Cleaning**  
 \*Weekly, Bi-Weekly, Monthly, or One Time Cleaning  
 \* Garbage & Recycling Hauling  
 \*Home Staging for either Resale or fresh new look  
 \*Gift Certificates available  
 \*window cleaning

**N.E. THING CO.**  
**CLIFF HELPS**  
**250-335-1112**  
**BACK HOE**  
**TRACTOR WITH ATTACHMENTS**  
**EXCAVATOR**  
**45 Ton. WOOD SPLITTER**  
**All equipment includes operator**




Laura Thomson  
 Mortgage Professional  
 www.laurathomson.ca  
 250.218.9362  
 lthomson@dominionlending.ca  
**COASTAL MORTGAGES**  
*Working with over 90 lenders to get you the best rate - guaranteed*

- ◆ Purchases
- ◆ Debt Consolidation
- ◆ Refinances
- ◆ Acreages & New Homes

**Wildwood Community Church**  


---

*Living to share Christ's Love with our Neighbours and our community*  
 Rev. Rick McAllister  
 Box 137 \* 113 McColl Road  
 Bowser, BC V0R 1G0  
 (250) 757-8136

**FANNY BAY TRADING CO.**  
 WEST COAST NATIVE ARTS

Carvings	Jewelry	Pottery
Paintings	Drums	Gifts
Moccasins	Smoked Salmon	

7581 South Island HWY  
 Fanny Bay  
 250-335-1475  
 www.fannybaytrading.com

**HITEC Custom Printed & Embroidered Garments to suit Everyone!**

**BRAZEN SPORTSWEAR**

**OYSTER LOVERS LOVE LONGER Fanny Bay B.C.**

479 4th Street, Courtenay  
 250-703-9697  
 brazen@brazencanadian.com  
 www.brazencanadian.com

**FANNY BAY OYSTERS SEAFOOD SHOP**

**Fresh Seafood**  
 All Kinds ... All the Time

**OPEN**  
 9 - 6 Daily (Apr 1 - Sept 30)  
 10-6 Daily (Oct 1 - Mar 31)

-  Live Crab
-  Sushi
-  Oysters

Below PetroCan @ the Ferry Terminal  
**250-335-1198**  
 Phone Orders Taken  
 FannyBayOysters.com

**OAP REPORT**

The OAP members are busy preparing for our annual garage/bake sale to be held on May 25, 2013. A recap of the sale plus the raffle prize winners will be published in the July Flyer.

Our last meeting prior to the summer break will be held June 11th at 2:00 PM. The June potluck will be held June 18th at 5:00 PM. Please check the notice board for the conveners and number to call if you are attending.

Happy June birthday to: Herb Whitfield and a very **HAPPY BIRTHDAY TO OUR LOVELY EMILY SCHROEDER WHO IS CELEBRATING A VERY SPECIAL BIRTHDAY JUNE 1ST.**

**UNION BAY DAY**

Sunday, June 9, 2013

11:45 AM - 6:00 PM

FAMILY FUN, RACES, GAMES, RAFFLE, CONCESSION, BEVERAGE GARDEN, HORSESHOES (sign up ahead)

For more information call:

Dave Davidson at 250-335-2317

**BAYNES SOUND GARDEN CLUB**

We are delighted to have Bernie Dinter of Dinter Nursery as our guest speaker on **Thursday, June 6, 7:00 PM at the OAP hall.** Join us for his presentation on Trees and Shrubs: Colours Throughout the Year. New members always welcome.



The very successful Baynes Sound Garden Club Plant Sale



Beachcombers' Sea Star students making mud pies!

**Union Bay Historical Society to Celebrate Post Office 100th Birthday. Two Day celebration planned**

June 20, Thursday from 8:30 a.m. to 5:00 p.m. Canada Post Corp. to issue 1 day Post Office cancellation stamp. Historical Society selling Post Cards with Post Office Stamp - \$4.00

June 21, Friday - History and Humor Show in the Union Bay Community Hall. Two Shows - 2:00 p.m. and 7:00 p.m. - \$10.00 at the door. Refreshments - Birthday Cake, Tea and Coffee. Show - Act 1 - How Union Bay Historical Society bought and restored the Post Office. Act 2 - Meet Fred Brown, 1st Post Master and his Family.

We hope to have many Fanny Bay residents at our 100th Birthday celebration.



## SHIPS POINT IMPROVEMENT DISTRICT REPORT

Thank you to those attending the Annual General Meeting April 21<sup>st</sup> at the Fanny Bay Hall. Guest presentations were made by auditor Brent Johnson CGA and engineer Ian Whitehead of McElhanney Consulting Services. Information packages provided to 44 ratepayers at this meeting. Copies are available at the SPID office. The Board of trustees are Gary Patterson (Chair), Alaine French, Bruce Prested, Dave Henderson, Frank Green, Ernie Cunningham and Brian McIntosh.

You will have noticed a group of workers from McElhanney surveying the Ships Point service area in preparation for designing the replacement water system. Please watch here for future reports for more information as our infrastructure planning progresses.

Please keep in mind our water is a precious resource and the hydro costs for pumping water are rising. Think conservation when planning and watering your gardens.

As noted at the entrance to Ships Point, peak fire hazard conditions will soon arrive with the summer heat. Please take proper safety precautions with all outdoor fires. Fire permits will be rescinded once the BC Fire service issues their closure. Watch the entrance sign for changes to conditions. When you hear the fire siren, please stop all water use so water is available for fighting the fire in your neighbourhood.

Summer office hours are Tuesdays and Thursdays 2 pm to 4:30pm, pending business needs. Appointments can be arranged upon request.

GREAT CANADIAN BUILDERS

Call 250-218-7185

ADDITIONS, RENOS, NEW CONSTRUCTION

30 YEARS EXPERIENCE AND  
SERVICE IN BRITISH COLUMBIA

- Retaining Walls / all Foundation and Concrete Work
- Garages / Workshops
- Kitchen and Bathrooms Renos
- Fencing and Decks
- Windows and Doors
- Drywall and taping

6605 Walker Frontage Road, Fanny Bay, BC  
250-218-7185

Call Steve Campbell for free estimates

PineRidge

Exit 75 off  
Parkway on  
to Horne Lake  
Rd. towards  
the lake

Farm Market

OPENING MAY 11

OPEN 7 DAYS A WEEK 10-6

PLANT SALE

MAY 18, 10am to 3pm

www.pineridgefarm.ca

T. 250.871.7038
• shaddencga@shaw.ca

SHARON  
HADDEN

CGA

CERTIFIED GENERAL ACCOUNTANT

A member of CGA-BC

200-457 Cliffe Avenue, Courtenay, BC V9N 2J3

# Open Daily

Weinberg's Good Food is open 7 days a week from 9am to 6pm. We have a great selection of organic and locally grown meats and produce, yummy artisan cheeses, delicious americanos and lattes and lots of unique gift ideas. Come and see us, we're next to the Seafood Shop!



Snacks  
Produce  
Organics  
Espresso  
Organic Meat



A Caretaker is needed to look after the memorabilia at the Fanny Bay Community Hall. Please give Neville a ring at 335 2046 if you are interested.

The Fanny Bay Parents & Tots Playgroup would like to thank the Fanny Bay Community Association for our new foldable child size tables.

## FANNY BAY MEMBERSHIP DRIVE

Just as the good weather brings out the flowers, it also brings out volunteers from the Fanny Bay Membership Committee. They will be knocking on your door over the next few months to give you a chance to support your community, if you have not already done so. Even if you do not choose to buy a membership at this time, please spare our volunteers a smile as some of your driveways are very long! The membership fees -\$10 per individual and \$20 per family -go towards the upkeep of the Fanny Bay Community Hall and the production of this news flyer. You can also subscribe by calling Judy Starr at 250 335 0241 or mailing the form below to me at 7692 Tozer Road, V0R 1W0.

### 2013 FBCA MEMBERSHIP

Name.....  
Name.....  
Children's Names.....  
Address.....  
Phone.....

## ASK SAM

So many of you are telling me you are having trouble turning to check over your shoulder when driving; here is **a little twist** that will help.

Sitting on your kitchen chair, drop your weight onto the chair and lengthen up through the spine. Cross your arms gently over your chest and keep your shoulders relaxed. You are going to fire up the big band of oblique muscles that run from ribs across and down to the opposite hip, then you will fire the little obliques that run from the side of one vertebrae up to the side of the next vertebrae; these actions will twist you...So, moving from the base of the spine, the big vertebrae at the bottom; inhale as you fire the big obliques and twist around to the back as far as you can go, start at the bottom, move up through the belly, the ribs the shoulders and the neck to look around behind you as far as you can, then exhale, stay there and check your shoulders are relaxed. Now inhale and see if you can spiral up the spine going into your twist a little deeper looking way over your shoulder, exhale as you return to the front in one smooth move. **Other side:** starting from the base of the spine then moving the ribs around to connect to the opposite hip as far around as you can go, through the shoulders and the neck and head, exhale and cue your shoulders to relax and melt down the back. Inhale as you fire through the spinal obliques spinning around like a barbershop pole straight up on top of yourself and get a little more twist, look way around, exhale and return to the front. Repeat 5 or more each way. Move softly.

This should help with the driving and so much more!

good moving!

got questions for Sam? Email me at [samshieldspilates@gmail.com](mailto:samshieldspilates@gmail.com) I'll write something up for you and we'll talk about it next month...

**Sam Shields** runs Pilates classes for regular Mat and Chair for the mobility limited at the Ship's Point OAP, privately, and around the Comox Valley. **Call: 250 897-6586**

### *Use of the Fanny Bay Hall — Progress Report*

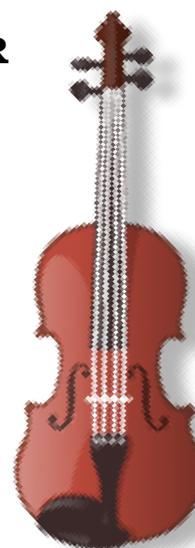
The brainstorming session took place at the end of April where 14 enthusiastic participants provided their comments and suggestions. We also received 8 written submissions from those who couldn't attend the session. The comments were diversified and all very interesting. At the end of the session, people committed to particular areas and small groups were formed. **WHAT'S IN THE WORKS!** Promotion of Hall rentals through social media, short term stage improvements such as moveable riser, looking into having activities such as a reading series, choir, kids' theatre workshop, etc. More is underway and we'll keep you posted!

*Lise Laguë*

### DISCOVERY ISLANDS FESTIVAL OF

**CHAMBER**

**MUSIC**



Intimate Baroque Dessert Concert  
July 29 7 pm  
Fanny Bay Hall

**BOWSER BUILDERS' SUPPLY LTD.**  
**250-757-8442**



- LUMBER - PLYWOOD - MOULDINGS
- HARDWARE - PAINTS - TOOLS
- PLUMBING - ELECTRICAL - INSULATION
- SPECIAL ORDERS • DELIVERIES

**IRLY BUILDING CENTRE**  
 6887 WEST ISLAND HWY BOWSER

**sikkens** **BOSCH** *General Paint*  
 Authorized Dealer  
[www.irllybird.com](http://www.irllybird.com)

**BUCKLEY BAY PETRO-CANADA**  
 Division of Buckley Bay Beachcomber Ltd.

**250 335-2266**

6856 South Island Highway (Exit 101 on Highway 19)  
 Comox Valley, Vancouver Island



Retail Fuel  
 Liquor Store  
 Convenience Store




**Bruce Jolliffe**  
 Director  
 Baynes Sound – Denman/Hornby Islands (Area 'A')  
[bjolliffe@comoxvalleyrd.ca](mailto:bjolliffe@comoxvalleyrd.ca)  
 Tel: 250-335-1275

**ACTec** Sales & Service

- Gas Fitting
- Plumbing
- Heating

**MARC VERCLEYEN**

Site 39, C-45, R.R. 1  
 Fanny Bay, B.C. V0R 1W0  
 Fax: 335-0283

**335-0238**

**Recap Waste Water Inc.**



**Certified septic system specialist**  
*"We repair / upgrade gravity systems"*

- Site Assessment
- New uses of existing systems
- Repairs/upgrades
- Drainage services
- Inspections
- Pipe camera
- Installations
- Reduced setback
- Sub division
- Difficult sites
- Seasonal use
- Remote sites
- Marine based floating camps/resorts
- Professional engineering services

**250-703-1086**

Fanny Bay Vancouver Island, B.C. Full excavation bobcat service



**Coast Realty** | *People. Above all.*  
 GROUP

**Sylvie Schroeder**  
 Realtor®

Your Full Time Real Estate Professional  
 Serving your community~  
 Union Bay/Fanny Bay  
 Surrounding Areas & Denman Island



**250-335-2551**

2nd floor of the Union Bay  
 Post Office ~5527 Island Hwy

[Sylvie.s@telus.net](mailto:Sylvie.s@telus.net)  
[www.coastrealty.com](http://www.coastrealty.com)

## Community Contacts

### **Aerobics (FB Hall)**

Suzanne Murray .....335-2533

### **Baynes Sound Garden Club**

Laurie Johns.....335-0566

### **Baynes Sound Lions Club.**

Cliff Helps .....335-1112

### **Baynes Sound Lioness Club**

Diane Hawkins .....335-1952

### **Beachcombers Community School**

Principal - Wendy Preston.....778-427-4007

### **Emergency Preparedness**

Karen Fouracre. ....335-1676

### **Fanny Bay Hall Gift Shop/Memorabilia**

Nancy Dear .....778-427-7067

### **Fanny Bay Salmonid Enhancement**

Judy Ackinclose. ....335-0010

### **Fanny Bay Volunteer Fire Department**

Peter Golden (Chair).....335-9171

### **Fanny Bay Quilt Group .....**

Noreen Sterling .....335-3010

Joan Johnsen.....335-2333

### **OAP #127 Hall, Ship's Point Road**

Linda Tournemille. ....778-427-4533

### **OAP Hall Rentals**

Dan Beasley .....335-0362

### **Parents & Tots (FB Hall)**

Evelyn Bally, CVFSA .....335-9022

### **Magic Puddle Daycare**

Evelyn Bally.....335-9022

### **Ship's Point Volunteer Fire Department**

Chief - Terry Hoffart .....335-0680

### **Ship's Point Improvement District**

Office - Nina LeBlanc .....335-0551

### **Taoist Tai Chi**

Susan Finlayson .....250-757-2097

### **TOPS**

BrendaTimbers. ....250-335-1405

### **Yoga (Monday Afternoon, Tuesday Evening, Wednesday Morning)**

Fiona Mackey .....335-0476

### **Youth Group.**

Evelyn Bally .....335-9022

### **Zumba**

Jessica Wittman .....778 427 4663

The Fanny Bay Flyer is published monthly (except January) by the **Fanny Bay Community Association [FBCA]**, a non-profit society and registered charitable organization. Opinions expressed in the Flyer are not necessarily those of the FBCA or the editor. While every effort is made to ensure the accuracy of the Flyer's content, neither the Association nor the Editor assume responsibility for any misprints or errors, which may appear in the information given and printed within.

**The FBCA Board of Directors** will promote activities that enhance the quality of life for Fanny Bay residents. The Board seeks community input, invites participation, encourages the use of the Fanny Bay Hall as a place to gather, share, foster and deepen the sense of community, and to maintain the existing structure in good condition.



### Contact Us

**FBCA President** Neville Hope 335-2046

**Fanny Bay Hall** - 7793 Island Highway,

Fanny Bay, BC V0R 1W0

**Tel.** 250 335-2832

**Website** - [FannyBayCommunity.com](http://FannyBayCommunity.com)

**Editor** Paul Welch [FBayCalling@hotmail.ca](mailto:FBayCalling@hotmail.ca)

**Hall Rentals:**

[Rentals@FannyBayCommunity.com](mailto:Rentals@FannyBayCommunity.com)

**FBCA Memberships:** Judy Starr 335-0241

### Ad & Submission Deadlines!

Find ad rates and E-mail submissions information at

[Flyer@FannyBayCommunity.com](mailto:Flyer@FannyBayCommunity.com)

Please submit all copy and images **BEFORE the 20th** of the preceding month. **NB:** Please minimise attachments. Text is best sent in the body of the e-mail. Images should be .pdf, .jpg, gif or .tif. Thank you!

UNION BAY CREDIT UNION PROUDLY SUPPORTS YOUR

# CALENDAR OF COMMUNITY EVENTS



**Union Bay Branch**  
Tel: (250) 335-2122

**Hornby Island Branch**  
Tel: (250) 335-2326

**Lighthouse Community Branch**  
Tel: (250) 757-8146

- MORTGAGES & LOANS
- TELEPHONE BANKING
- ONLINE BANKING
- 24-HOUR ATMS

www.unionbaycreditunion.com

*"To lead in advancing the mutual social and economic well-being of our members and our community"*

## Weekly Events

### Monday

- 9 am - 10 am:** Fitness Fun @ FB Hall.
- 9 am - 10 am:** Pilates @ OAP Hall
- 10 am - 11 am:** Chair Pilates @ OAP Hall

### Tuesday

- 10 am - 11:30 am:** Parent and Tots @ FB Hall
- 10 am - 11 am:** TOPS at OAP Hall
- 6.30 pm - 8:30 pm:** Hatha Yoga @ FB Hall—Fiona (Full)

### Wednesday

- 9 am - 12 pm:** FB Salmonid Enhancement Society @ Rosewall Creek Hatchery.
- 8.30 am - 10:30 am:** Hatha Yoga @ FB Hall—Fiona
- 10:30 am - 12 am:** Taoist Tai Chi @OAP Hall
- 11 am - 12: 30 pm:** Hatha Yoga @ FB Hall—Fiona



### Thursday

- 9 am - 10 am:** Fitness Fun @ FB Hall.

### Friday

- 9 am - 10 am:** Pilates @ OAP Hall
- 10 am - 11 am:** Chair Pilates @ OAP Hall
- 10 am - 12 am:** Zumba @ FB Hall—Jessica
- 6:30 pm - 7.30 pm:** Youth Group @ FB Hall. (Children meet from 6:30 - 7:30; Youth from 7:30 - 9.)

### Saturday

- 9 am - 12 pm:** FB Salmonid Enhancement Society @ Rosewall Creek Hatchery.

## Coming Events

### Fanny Bay



### Union Bay

- June 9 - Union Bay Day 11.45 a.m.—6.00 p.m.
- June 20 - 100th Birthday Celebrations of the Post Office

### Bowser – At the Legion

#### General

- June 6 - LA General Luncheon
- June 18 - Branch 211 Executive Meeting
- June 25 - Branch 211 General Meeting

#### Special Events

- June 1 - 'SENSATIONAL SECONDS' Clothing & Accessory Sale 10 a.m. - 3 p.m.
- June 8 - Annual Golf Tournament 18 Holes + Dinner & Prizes \$50 Register @ the Lounge (limited spots available)
- June 14- Boomers Riders Arrive @ 11 a.m. Join us in cheering them on in their journey south!
- June 23- "Branch Open House" in Celebration of LEGION WEEK. Come see what your Legions roll in the Community is all about! 1 p.m. - 4 p.m.
- JULY 1 - CANADA/FAMILY DAY!! 11 a.m - 5 p.m. Don't miss out on the fun!!!



**Meat Draws - Every Friday @ 5:00 pm & Saturday @ 4:30 p.m.  
Sunday opening begins May 12th. Closed Mondays**