

The *Around the Bay* Fanny Bay Flyer



What happened to Fanny Bay Day in 2012?

Many in the community have asked that question over the past months, and the answer is very simple. No one volunteered to coordinate the day. There were many people willing to organize their portion of the activities, but no one person who would volunteer to act as the central hub.



Will there be a Fanny Bay Day in 2013?

ONLY if some one person or some couple of people step up to be the coordinator(s). The FBCA Board fully supports the idea and has approved a budget for the 2013 event (which would be held on Sunday, July 21st) but we need that critical position to be filled. And it needs to be filled quickly!!! The Board will need to make a decision about the event soon.

What does the coordinator have to do?

It entails mainly:

- pulling together *a central planning group* to develop a theme for the event, share the work of keeping the planning on track, develop advertising for the event, and purchase required supplies. No need to do this work in isolation, there are plenty of people willing to help.

- being the “go to” person for any questions or suggestions regarding Fanny Bay Day which come from volunteers and members of the community

- liaising with all the leaders of the various sections of the event and ensuring everyone is working towards the same goal and timeline

- keeping track of expenditures and making reports to the Board in the months prior to the event and in September after the event

- taking time to take a few deep breaths as you dash around on the day of the event to make sure everyone is having a grand time!

So, if YOU or someone you know will step up and help in this capacity, we can get this Fanny Bay tradition back on track. We have lots of assistants who can help and former coordinators who can assist and act as mentors to whoever takes the position.

Please call 335-0617 if you can help us continue this great event!

FBCA BUILDING AND GROUNDS AND CAPITAL PROJECTS COMMITTEE: REPORT FOR MARCH 17, 2013 FBCA ANNUAL GENERAL MEETING

PROJECTS COMPLETED IN 2012 AND EARLY 2013

1. FLORESCENT LIGHT FIXTURES IN MAIN HALL REPLACED: New fixtures give 20% more light and have low temperature ballasts so they come on even when the Hall is cold.
2. CEILING AND WALLS IN MAIN HALL PAINTED: Preceded by a large number of repairs and upgrades.
3. MAIN HALL FLOOR BUFFED AND TWO TOP COATS OF "TRAFFIC" from BONAR APPLIED: regular maintenance. Needs to be done every 4 to 5 years.
4. MAPPING AND LABELLING OF ALL ELECTRICAL PANELS AND OUTLETS: There are five electrical panels and innumerable outlets in the Hall so it took a long time. Thanks Robert Challand and Dave Edwards.
5. SEASONAL LAKE IN THE PARKING LOT: A lot better. Needs more material and work soon.
6. NEW FLOOR HOCKEY EQUIPMENT: To help protect refurbished floor. Sourcing and purchasing was organized by Eileen Tamemoto. Floor Hockey players are very grateful.
7. KITCHEN EQUIPMENT: Vivian Cruise did the purchasing to upgrade the kitchen equipment for caterers and large events.
8. THREE NEW CARTS FOR FOLDING TABLES STORED UNDER STAGE: Designed and built by Dave Edwards and Robert Challand. A grand improvement.
9. COMOX VALLEY COMMUNITY FOUNDATION GRANT \$653.38 for furnishings: Two children's tables with adjustable legs have been purchased. Baby change table for WC addition to follow.
10. EMERGENCY PROPANE GENERATOR: Project complete. Many thanks to Dieter Broemer.
11. WiFi IN THE HALL: Hall users frequently request WiFi access. The modem is in the mail.

2013 CAPITAL PROJECT PROPOSAL - WASHROOMS ADDITION - APPROVED AT AGM

A 16' x 25' addition in the SE corner of the Hall, accessed from the Entrance Hall, through the Furnace Room, and the current location of the janitors sink.

Estimated Cost \$64,000 (before project specific donations of time and materials).

If we proceed with the project this year the Hall would be closed for a month in the summer of 2013.

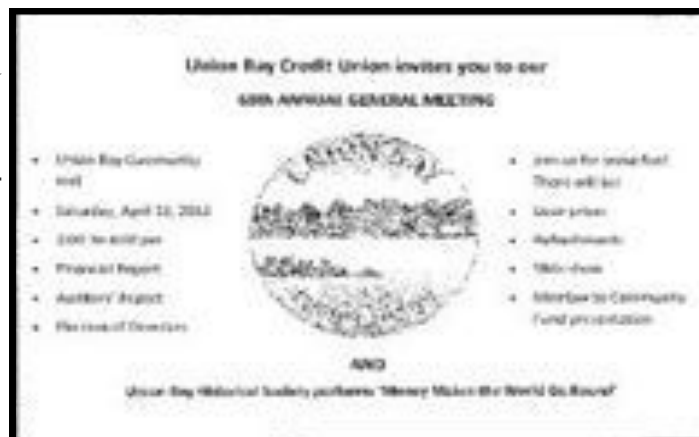
RESOLVED AND APPROVED BY AGM: That the Board proceed with the "WC Addition Project", for a cost of up to \$64,000, provided an additional \$25,000 (at least) in Project funds are received before building begins.

We can expect a decision in late March on the FBCA application to the Federal New Horizons for Seniors Program for \$25,000 for washroom renovations.

See the May Flyer for more news on funding, and drawings of the addition.

2013 OPERATING AND MAINTENANCE BUDGET RECOMMENDATIONS: APPROVED at AGM

1. THREE NEW TABLE CARTS: \$1,500. Completed.
2. IMPROVE STAGE: Added at AGM



3. RISERS ON CARTS FOR PERFORMANCES ON MAIN HALL FLOOR: \$600. Coming soon.
4. NEW TABLE AND LIGHTING FOR TICKET SALES/GREETING AREA IN ENTRANCE HALL: \$1,000.
5. NEW BAR AND TABLES FOR DINING ROOM: \$ 2,000.
6. SPIRIT GROVE PROJECT: Granite Community Recognition Stone was installed in March 2012. Will be planting more shrubs and perennials in 2013. Have funds on hand from donations for the Project. Huge thanks to Pam Lengyel.
7. CONVERSION OF THE OLD WC'S TO MAINTENANCE AND STORAGE AREA: \$ 2,000.

POSSIBLE LONGER TERM PROJECTS PROPOSALS THAT KEEP COMING UP:

Improved Office Space for Hall.

Fenced Dog Park.

Insulate the Main Hall Floor.

Remove Posts in the Dining Room.

Decision at the AGM: Keep on the list.

CURRENT COMMITTEE MEMBERS: Lenore Morrey (Chair), Carol McPherson (Secretary), Ann Clayson, Erma Wilson, Erna Smith and Neville Hope (ex officio) and Lorne Hutter.



REPORT ON NEW TABLE CARTS

Dave Edwards and Robert Challand have designed and built three fine new carts for the tables stored under the stage at the Hall.

As many, many, current and former residents of Fanny Bay will tell you, the old carts were beasts to use despite numerous upgrades over many years. Finally, one day last fall, two long term volunteers were once again struggling with the carts and the tables. They asked if the situation could be improved because it was having a bad effect on their willingness to help out at the Hall, and it did appear to be making them cranky.

The new carts are a delight. They roll easily in all directions, they have good hand holds at both ends (no dirty old rope dragging on the floor and getting caught in the wheels), they seem lighter, they do not roll out of reach under the stage, and they are exceptionally strong and well crafted.

Funds from the BC Government Gaming Grant for operating expenses paid for the new carts, and we managed to sell the old carts. Thanks to the designers and builders, and to the members of the FBCA Building and Grounds and Capital Projects Committee



THE FANNY BAY COMMUNITY ASSOCIATION ANNUAL GENERAL MEETING

Applause is in order for those attending the Fanny Bay Community Association meeting held on St. Patrick's Day. More than 20 community members attended and participated in passing the 2013 budget, listening to the President's address and learning about what is in store for us regarding capital projects in 2013. Carol McPherson has outlined the major projects in her article. A motion was passed at the AGM to build handicap accessible washrooms if we get a grant of \$25000 from the New Horizons for Seniors.

The FBCA executive gave sincere thanks to those leaving the board: Marg Green, Nancy Dear and Susan McLean. They all have contributed so much!

The new board will be made up of:	President:	Neville Hope
	Vice President:	Anne Trussler
	Treasurer:	Liisa McCollum
	Secretary:	Fran McLean
	Directors:	Judy Starr
		Lenore Morrey
		Suzanne Murray
		Paul Welch (FB Flyer Editor)
		Debbi Tremblay
		Brian Catta

We are looking forward to another great year in our amazing community.

Fanny Bay Hall Rental Coordinator

Volunteer Position: We need you

Jane Burton for the last couple of years has very generously looked after the rental of the Fanny Bay Hall and now has found she can't continue this position. Can you help us and fill this position? Call 335-0616 for more information

Thanks to Barry Sterling for the donation, from his good stuff collection, of the new bulletin board for the Entrance Hall.





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APRIL SPID REPORT

The Ships Point Improvement District AGM will be held on Sunday, April 21st., at the Fanny Bay Hall. Doors will open at 12:30 for registration, and the meeting will begin at 2:00. This is an opportunity to review our financial statements, hear from the Technical Committee and the Volunteer Firefighters among other reports. There will be a report on the progress of designing the new water distribution system by McElhanney Engineering.

You will also be electing two new Trustees to the Board, to replace those whose terms have expired. Please consider standing for one of these positions to serve your community. You may pick up nominating papers at the SPID office, or contact Jim Quinn, the Returning Officer, at cjquinn@shaw.ca or 250-335-2235. Nominations will also be accepted from the floor.

We look forward to seeing you there.

The Ships Point Volunteer Fire department has had one First Responder call-out since the last report, and one fire fighter response to an unauthorized beach fire. With spring rapidly approaching, everyone is reminded that a back yard burning permit will be required for all back yard burns after APRIL 15. Permits can be obtained from any member of the Ships Point Fire Department. A list of members will be posted at the SPID office.

SPID office hours are Tuesday and Thursday 2:00 pm to 4:30 pm. Office appointments can be arranged by calling the office (250) 335-0551 or sending an e-mail to shipspt1@shaw.ca. Messages are checked throughout the week. The mailing address for the office is 7729 Vivian Way, Fanny Bay, V0R 1W0. Trustees meet the second Wednesday of the month at 9:00 am at the SPID office. We welcome your attendance.

OAP REPORT

Just a reminder that our Spring hall and grounds clean up will be held Sunday, April 14 at 9:00 AM. Please come out and help if you can. Lunch will be provided for all volunteers. In case of rain, the alternate date is Sunday, April 21.

Our annual garage/bake sale and raffle will be held Saturday, May 25. If you have any items you wish to donate for our sale, we would appreciate it. Please contact Dick (250-335-9039) if you require pick up of items or help delivering items to our hall.

Our next meeting will be held Tuesday, April 9 at 2:00 PM. The next potluck will be held Tuesday, April 16 at 5:00 PM. Carla, Louise, Jean and Maxine are convening. Please call Carla (250-335-3282) if you will be attending the dinner.

Happy April birthday to: Louise Bradshaw, Dolores Carlson, Joan Cavers, Doreen Couper, Kay Edwards, Jean Morrow, John Patrick.

3RD ANNUAL "OCEAN OF PLENTY" GALA DINNER APRIL 13, 2013, 7PM @ FANNY BAY COMMUNITY HALL

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FMI: CONTACT JOHN @ 250-335-2246

Beachcombers Community School invites the Fanny Bay Community to our Spring Celebration and Book Fair. Outstanding children's book publisher Usborne will be present. Usborne received the 2012 Children's Book Publisher of the Year Award from The Bookseller Industry Awards in the UK. "Usborne is a powerhouse that retains a good, independent spirit," said the Judges. Usborne books make great children's gifts. Usborne will donate a portion of sales towards books for Beachcombers School. Also, a selection of second-hand books will be for sale by the "Dolphin Class", Beachcombers Senior students. Proceeds will go towards a school project. Students will be dancing the May Pole and you are welcome to bring your own lunch for a picnic.

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LIONS ROAR

Your Baynes Sound Lions are still hard at it....raising funds to help individuals and groups in need:-) If you know of anyone in need of assistance, absolutely feel free to contact us! You can email myself at saylyngrox@hotmail.com or call any of the numbers listed below folks. Please don't hesitate to ask for help when needed!

As many of you know, Lion Peter Jones passed away Sunday, Feb.1/13. He will be very sadly missed. Our thoughts remain with his family. Rest In Peace Peter.

As you all know, our local pub has been unavailable for our meat draws...our main fund-raiser. So, until the pub is once again available, there will be no further meat draws, for the time being. In lieu of our meat draws, we have decided to host a **Texas Hold-em Tournament** June 1/13 at the FBC Hall!! This is going to be great fun for all participants, with first prize of \$1000 going to the winner!! Book early, as we can only accommodate 100 players folks! Anyone wishing to volunteer to help with this event, will be welcomed with open arms, needless to say!

T. 250.871.7038 • shadden.cga@shaw.ca

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The demise of the penny does not mean an end to our **Penny Drive for the Child Development Center**-no worries! We will still be doing our annual walk, and are tossing around new names for this very worthy pet cause of ours. You can expect us to come knocking on your doors again this year, seeking change for the kids and our walk.

And, of course, we are always looking for more members folks. The satisfaction of assisting your community is more than enough reward, never mind the camaraderie we all enjoy:-) Our meetings are held on the 3rd Monday of every month, at the OAP Hall, starting at 7pm. Feel free to come meet us and see what we're all about...no pre-warning needed. Our meetings are always open to the public!

We are very pleased to welcome our newest members...Wes Neill, Gerry Neill and Carol Cameron-Neill! Thank you for your desire to help out!!

Contact any of us, when needed....

President: Cliff Helps 250-335-1112

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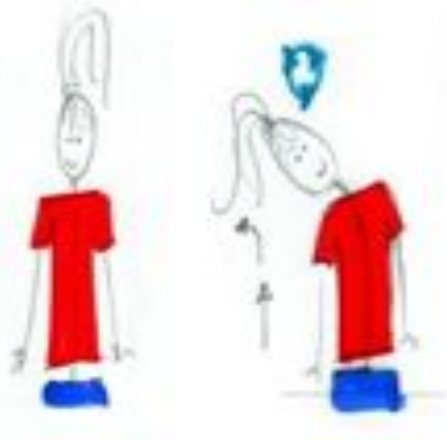
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STRESS CAN BE A BIG PAIN IN THE NECK.

In my Pilates classes, the single most common correction I give is the cue to relax the tension in the shoulders. Almost everybody gets tight in the upper shoulders; a rushed day, a cold wind, the weight of the world, if you watch the tv or your computer screen at the wrong angle, if you knit or weave or crochet, if you garden. Tension in the shoulders can lead to headaches, elbow pain, neck and back pain and general crankiness.

So just keep it in mind: **where are my shoulders?** Are they up around your ears? A lot of us respond to stress by gripping the muscles that run from the shoulder joint up into the neck. It's a big pain.



A simple neck reliever:

Sit at the front edge of a (kitchen) chair, feet hip width apart looking straight forward. Engage your low abdominal support, think of your spine as a long floating vertical seaweed and your head as a sphere floating at the top.

Little shoulders rolls: soft, push your shoulders in towards your neck, push up, roll back, in, up, back, do about 10, soft and slow.

Ok here comes the side bend

Always gentle and keep it small...

Cue your abdominal support, lengthen up the spine, spin the head sphere gently to one side, dropping your ear to your shoulder, a very small move, and gently stack the spine back up to vertical. Other side, lengthen the spine and spin the head sphere ear to shoulder, then roll the spine back up to vertical; each time another couple of vertebrae over into the side bend. Stay supportive through your abs, let your ribs move as well, they will transfer a little to the opposite side your head is bending to. Breath deep, in out, in out, etc.

These should warm up those muscles along the neck a bit.

ASK SAM: got a question?

Email me at samshieldspilates@gmail.com.

Sam Shields runs Pilates classes for regular Mat and Chair for the mobility limited at the Ship's Point OAP, privately, and around the Comox Valley. **Call: 250 897-6586**

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Fanny Bay Waterworks Annual General Meeting

Wed. April 10, 2013
7:00 PM

Fanny Bay OAP Hall Ships
Point Road.

FANNY BAY SALMONID ENHANCEMENT SOCIETY (FBSES)

By Judy Ackinclose

With the onset of spring the coho fry are eating like teenagers and starting to smolt-up. Soon genetics and physiology will compel them to head to the ocean.

Our festival “The River Never Sleeps” is a perfect time for the smolt release in amongst the many other fun and educational activities. Make sure you add Sunday, May 5th to your calendar and join us at the Rosewall Hatchery for fish release, kelp tanks, bug, frog and snake tanks, fish painting, face painting, hatchery tours, a very ‘family friendly’ concession, and many more things for the family to see and do. Our festival started with three organizations, Fanny Bay, Nile Creek and Union Bay enhancement groups getting together to tell everyone who we are and what we do. This is our 6th Festival and every year there are new activities to inform and enjoy.

This past month we have planted close to 100 trees in the Cook Creek/Salmonberry Ponds area. We have also potted-up over 500 trees in the past few months.

Mid-April we will be installing the smolt trap in Mud Bay Creek to count the young coho leaving. April will also be busy as we start getting things in place for the major overhaul of the water system, tearing down a concrete raceway wall, installing four 10-ft tanks with associated plumbing. This is also the month that the chum and coho alevins emerge as fry and will be ponded.

The pinks at Wilfred Creek hatchery have hatched and are on their way out to the ocean. There is always something happening at the Rosewall Creek hatchery and we would love to give you a tour on any of our work party days Wednesday and Saturday from 9 am to 12 pm at the Rosewall Creek Hatchery on Berray Road. Check out our website www.fbse.ca.

The Baynes Sound Garden Club 14th annual Plant Sale

May 11, 2013 9:00 AM to 12:00 PM
at the F.B. Community Hall, 7793 Island Hwy. F.B.

- Great Selection of Plants
- Local Vendors
- Refreshments Available—Free Admission
- A master gardener will be available to answer plant related questions

Bowser Seniors Housing Society

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Guest Speaker on Seniors Housing.

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Or call Terry (250)757-8643

BAYNES SOUND GARDEN CLUB

Helena Hartwood, garden club member and garden designer (Hartwood Garden Designs) will be our guest speaker on **Thursday, April 11 at 7:00 at the OAP hall**. She will be discussing creative ways of incorporating edible landscapes into our existing gardens. Please join us. New members always welcome.

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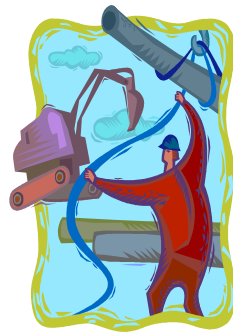
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Community Contacts

Aerobics (FB Hall)

Suzanne Murray335-2533

Baynes Sound Garden Club

Laurie Johns.....335-0566

Baynes Sound Lions Club.

Cliff Helps335-1112

Baynes Sound Lioness Club

Diane Hawkins335-1952

Beachcombers Community School

Principal - Wendy Preston.....778-427-4007

Emergency Preparedness

Karen Fouracre.335-1676

Fanny Bay Hall Gift Shop/Memorabilia

Nancy Dear778-427-7067

Fanny Bay Salmonid Enhancement

Judy Ackinclose.335-0010

Fanny Bay Volunteer Fire Department

Peter Golden (Chair).....335-9171

Fanny Bay Quilt Group

Noreen Sterling335-3010

Joan Johnsen.....335-2333

OAP #127 Hall, Ship's Point Road

Linda Tournemille.778-427-4533

OAP Hall Rentals

Dan Beasley335-0362

Parents & Tots (FB Hall)

Evelyn Bally, CVFSA335-9022

Magic Puddle Daycare

Evelyn Bally.....335-9022

Ship's Point Volunteer Fire Department

Chief - Terry Hoffart335-0680

Ship's Point Improvement District

Office - Nina LeBlanc335-0551

Taoist Tai Chi

Susan Finlayson250-757-2097

TOPS

BrendaTimbers.250-335-1405

Yoga (Monday Afternoon, Tuesday Evening, Wednesday Morning)

Fiona Mackey335-0476

Yoga (Wednesday Evening)

Brandy Kosiancic.....757-8256

Youth Group.

Evelyn Bally335-9022

Zumba

Jessica Wittman778 427 4663

The Fanny Bay Flyer is published monthly (except January) by the **Fanny Bay Community Association [FBCA]**, a non-profit society and registered charitable organization. Opinions expressed in the Flyer are not necessarily those of the FBCA or the editor. While every effort is made to ensure the accuracy of the Flyer's content, neither the Association nor the Editor assume responsibility for any misprints or errors, which may appear in the information given and printed within.

The FBCA Board of Directors will promote activities that enhance the quality of life for



Fanny Bay residents. The Board seeks community input, invites participation, encourages the use of the Fanny

Bay Hall as a place to gather, share, foster and deepen the sense of community, and to maintain the existing structure in good condition.

Contact Us

FBCA President Neville Hope 335-2046

Fanny Bay Hall - 7793 Island Highway,
Fanny Bay, BC V0R 1W0

Tel. 250 335-2832

Website - FannyBayCommunity.com

Editor Paul Welch FBayCalling@hotmail.ca

Hall Rentals:

Rentals@FannyBayCommunity.com

FBCA Memberships: Judy Starr 335-0241

Ad & Submission Deadlines!

Find ad rates and E-mail submissions information at

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Please submit all copy and images BEFORE the 20th of the preceding month. **NB:** Please minimise attachments. Text is best sent in the body of the e-mail. Images should be .pdf, .jpg, gif or .tif. Thank you!

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"To lead in advancing the mutual social and economic well-being of our members and our community"

Weekly Events

Monday

9 am - 10 am: Fitness Fun @ FB Hall.
9 am - 10 am: Pilates @ OAP Hall
10 am - 11 am: Chair Pilates @ OAP Hall

Tuesday

10 am - 11:30 am: Parent and Tots @ FB Hall
10 am - 11 am: TOPS at OAP Hall
6.30 pm - 8:30 pm: Hatha Yoga @ FB Hall—Fiona (Full)

Wednesday

9 am - 12 pm: FB Salmonid Enhancement Society @ Rosewall Creek Hatchery.
8.30 am - 10:30 am: Hatha Yoga @ FB Hall—Fiona
10:30 am - 12 am: Taoist Tai Chi @OAP Hall
11 am - 12: 30 pm: Hatha Yoga @ FB Hall—Fiona
7 pm - 8:30 pm: Yoga @FB Hall -Brandy

Thursday

9 am - 10 am: Fitness Fun @ FB Hall.

Friday

9 am - 10 am: Pilates @ OAP Hall
10 am - 11 am: Chair Pilates @ OAP Hall
10 am - 12 am: Zumba @ FB Hall—Jessica
6:30 pm - 7.30 pm: Youth Group @ FB Hall. (Children meet from 6:30 - 7:30; Youth from 7:30 - 9.)

Saturday

9 am - 12 pm: FB Salmonid Enhancement Society @ Rosewall Creek Hatchery.



Coming Events

Fanny Bay

April 10— 7 pm FB Waterworks AGM. OAP Hall.
 April 13— 7 pm. Gala CoalWatch Dinner
 More info— John 335-2246
 April 21— SPID AGM
 May 5— “The River Never Sleeps Festival”. FBSES.
 May 11— 9.am—12am. Baynes Sound Garden Club. Annual Plant Sale
 July 29— Classics & Coffee!! Baroque Concert. More info soon!!

Union Bay

Spring Craft Fair
 April 21st — 10 am—3.00 pm Crafters on two floors. Great selection. Souper lunch More info call Dave @ 335-2317.

Bowser – At the Legion

General
 April 4 — LA General Meeting
 April 16 — Branch 211 Executive Meeting
 April 23 — Branch 211 General Meeting
 April 25 — LA Executive Meeting

Special Events
 April 20 — Crab Night. Advance ticket purchase by April 13— Call For details.

Ongoing Events
 Tuesdays 5pm-Mixed Pool
 Wednesdays 4.30pm-Ladies Pool
 7pm-Crib
 Thursdays 7pm-Texas Hold'em
 Fridays 7pm-Mixed Darts

Meat Draws - Every Friday & Saturday - 4:30 p.m.

7th Annual Marine Swap or Marine Consignment Sale.
 Bowser Legion on April 14th
 All watersports related; 25% commission to the Yacht Club; Drop off 9-11; Sale 12-3; further info Rick at (250)757-8438.